## Weekly Menus: August 16-19
### IHCC Dining Hall – Ottumwa Campus

<table>
<thead>
<tr>
<th>Day</th>
<th>Lunch</th>
<th>Dinner</th>
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<tbody>
<tr>
<td><strong>Monday, August 16</strong></td>
<td>Sliced Roast Beef, Mashed Potatoes/Gravy, Veggies</td>
<td>Spaghetti with Meat Sauce, Veggies, Garlic Bread</td>
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<td><strong>Tuesday, August 17</strong></td>
<td>BBQ Ribs, Scalloped Potatoes, Veggies, Roll</td>
<td>Sliced Turkey Breast, Potato, Veggies, Roll</td>
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<tr>
<td><strong>Wednesday, August 18</strong></td>
<td>Pollock and Shrimp, Potatoes, Veggies, Roll</td>
<td>Maid rites, Potatoes, Veggies</td>
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<tr>
<td><strong>Thursday, August 19</strong></td>
<td>Chinese Meal/Rice, Egg Rolls/Rangoon’s/Pot Stickers</td>
<td>Chicken Strips, Fries, Veggies</td>
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## Warrior Junction

<table>
<thead>
<tr>
<th>Date</th>
<th>Menu Items</th>
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<tbody>
<tr>
<td><strong>Monday, August 16</strong></td>
<td>Orange Chicken, Fried Rice, LoMein, Egg Roll, Crab Rangoon</td>
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<tr>
<td><strong>Tuesday, August 17</strong></td>
<td>Chicken Alfredo, Carrots, Breadsticks</td>
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<tr>
<td><strong>Wednesday, August 18</strong></td>
<td>Pizza, Fried Shrimp, AuGratin Potato</td>
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<tr>
<td><strong>Thursday, August 19</strong></td>
<td>Chef’s Choice</td>
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