**Program Title**  
BLS Instructor Initial

**Course Number**  
15/YR HEA 3500 C04

**Intended Audience**  
Nurses, EMS providers and other BLS Providers who are interested in teaching CPR

**Sponsor**  
Indian Hills Community College

**Program Purpose**  
To prepare BLS providers to teach others to recognize several life-threatening emergencies, to provide CPR, use an AED and relieve choking in a safe, timely and effective manner and in accordance with the American Heart Association standards.

**Faculty**  
Diana Harness, TC Coordinator

**Program Objectives**  
At the completion of this program, the participant will be able to:
1. Communicate effectively using language appropriate to the audience and use appropriate verbal and nonverbal language
2. Uphold legal and ethical issues and avoid conflicts of interest
3. Adhere to their organizations code of conduct
4. Establish and maintain professional credibility
5. Demonstrate cultural sensitivity
6. Demonstrate successful remediation and skills check offs
7. Follow course guidelines for cpr for a variety of students
8. Demonstrate manikin cleaning
9. Complete course monitoring successfully

**Credit**  
Continuing Education will be awarded to the following with 100% attendance:
- 6.0 Contact Hour’s approved by Iowa Board of Nursing, Provider #12.
- 6.0 Contact Hour’s approved for 100% attendance for all levels of EMS by Provider #1500.

**EMS Sponsor Number**  
15-1500-023-OE

**Start Date/End Date**  
Friday, January 23, 2015

**Location**  
Rosenman Video Conference Training Center, room 125

**Cost**  
$100.00 course tuition; core instructor $35.00; BLS Instructor manual $33.00; or tool kit $96.00; Heartsaver Instructor Manual $49.00; Heartsaver DVD $150.00; $10.00 AHA card; Course monitoring $25.00; stopwatch $6.00

**Program Time**  
8:30 pm-4:00 pm

**Registration Procedure**  
Contact Diana Harness, IHCC 641-683-5205

**Cancellation Procedure**  
641-683-5205

**Contact Information**  
Contact Diana Harness 1-800-726-2585 EXT 5205 or 683-5205 or email: dharness@indianhills.edu

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**Contact Information**  
Health Sciences-Department Chair-Rural Health Education Partnership: Lori Reeves lreeves@indianhills.edu  
Rural Health Education Partnership Program Assistant: Diana Harness dharness@indianhills.edu

This program is subject to cancellation if minimum enrollment is not met by registration deadline.

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**Non-Discrimination Statement**  
It is the policy of Indian Hills Community College to provide equal educational and employment opportunities and not to illegally discriminate on the basis of age, race, creed, color, sex, sexual orientation, gender identity, marital status, national origin, religion, genetic information or disability as its educational programs, activities, or its employment and personnel policies. It is the further policy of Indian Hills Community College that no retaliatory action shall be taken against any person exercising their rights as an employee or student irrespective of the outcome of any procedure instituted hereunder. Inquiries or grievances related to this policy may be directed to Bonnie Campbell, Director of Human Resources/Equity Coordinator, 525 Grandview, Ottumwa, IA 52501; 641-683-5108; the Director of the Iowa Civil Rights Commission in Des Moines; the Director of the Region VII Office of the United States Equal Employment Opportunity Commission or the Director of the Region VII Office of Civil Rights, United States Department of Education in Kansas City, Missouri. Disability Services/Accommodations: Individuals with disabilities who require accommodations or special services should contact IHCC Disability Services for assistance. Services are available to students who need classroom accommodations, interpreters, and/or specialized equipment. Students enrolling in credit programs should make their requests for accommodations at the time they are applying for admission and preferably, no later than six weeks prior to the beginning of each academic term. All student requests are dealt with in a confidential manner. Students should contact the Ottumwa Disabilities Center by calling 641-683-5749. Centerville students should contact the Academic SUCCESS Center at 641-856-2143, ext. 2214 or email disabilityservices@indianhills.edu.
Health Care Continuing Education Program

Rural Health Education Partnership

Program Title: EMT-B to EMT Transition

Course Number: 15/YR REL 4815 700

Intended Audience: Current EMT-Basics

Sponsor: Indian Hills Community College

Program Purpose: To provide EMT-Basics a program that will meet all transition requirements for transition from an EMT-Basic to an EMT.

Faculty: Lori Reeves BA, PS

Program Objectives:

1. Assess and manage a patient with agitated delirium
2. Understand anatomy, physiology, pathophysiology, assessment and management of sickle cell crisis.
3. Understand the pathophysiology, assessment and management of blast injuries
4. Understand and utilize the pediatric assessment triangle
5. Understand changes associated with aging, psychosocial aspects of aging and age-related assessment and treatment modifications for the major geriatric diseases and/or emergencies
6. Recognize the healthcare implications of special patient populations

Credit: Continuing Education will be awarded to the following with 100% attendance:

- 6.0 Contact Hours for nursing approved by Iowa Board of Nursing, Provider #12
- 6.0 CEH's for all levels of EMS by Provider #1500

EMS Number: 15-1500-002 FE

Start Date/End Date: Saturday, January 24, 2014

Location: Indian Hills Community College-Video Conference Training Center, Room 125

Sign-in Time: 15 minutes prior to start of class

Program Time: 8:00 am-1:00 pm

Cost: Tuition: $25.00

Register By: A minimum number of participants are needed for this program to be held, please register early to avoid cancellation

Registration Procedure: Call 1-800-726-2585 X 5281, 641-683-5281

A minimum number of participants are needed for this program to be held

Contact Information: Lori Reeves at 1-800-726-2585 X 5337, lreeves@indianhills.edu, 641-683-5337

Refund Policy: No refunds will be issued for cancellation less than 3 days prior to the event. individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the course fee.

Non-Discrimination Statement: It is the policy of Indian Hills Community College to provide equal educational and employment opportunities and not to illegally discriminate on the basis of age, race, creed, color, sex, sexual orientation, gender identity, marital status, national origin, religion, genetic information or disability in its educational programs, activities or its employment and personnel policies. It is the further policy of Indian Hills Community College that no retaliatory action shall be taken against any person exercising their rights as an employee or student irrespective of the outcome of any procedure instituted hereunder. Inquiries or grievances related to this policy may be directed to Bonnie Campbell, Director of Human Resources/Equity Coordinator, 525 Grandview, Ottumwa, IA 52501, 641-683-5108; the Director of the Iowa Civil Rights Commission in Des Moines; the Director of the Region VII Office of the United States Equal Employment Opportunity Commission or the Director of the Region VII Office of Civil Rights, United States Department of Education in Kansas City, Missouri. Disability Services/Accommodations: Individuals with disabilities who require accommodations or special services should contact IHCC Disability Services for assistance. Services are available to students who need classroom accommodations, interpreters, and/or specialized equipment. Students enrolling in credit programs should make their requests for accommodations at the time they are applying for admission and, preferably, no later than six weeks prior to the beginning of each academic term. All student requests are dealt with in a confidential manner. Students should contact the Ottumwa Disabilities Center by calling 641-683-5749. Centerville students should contact the Academic SUCCESS Center at 641-856-2145, ext. 2214 or email disabilityservices@indianhills.edu.

This program is subject to cancellation if minimum enrollment is not met by registration deadline.
Program Title: Pediatric Advanced Life Support - Initial Provider

Course Number: 15/YR REL 4516 703

Intended Audience: Nurses, EMS Personnel

Sponsor: Indian Hills Community College

Program Purpose: Pediatric Advanced Life Support (PALS) uses a series of simulated pediatric emergencies to reinforce the important concepts of a systematic approach to pediatric assessment, basic life support, PALS treatment algorithms, effective resuscitation and team dynamics.

Faculty: Pat Knoot RN

Program Objectives:
1. Recognize the two most common pre-arrest syndromes and utilize interventions to prevent cardiopulmonary arrest in the infant and child.
2. Diagnose and treat dysrhythmias based on rhythm classification and hemodynamic significance.
3. Demonstrate and prioritize various vascular access techniques, including intraosseous cannulation.
4. Perform child and infant basic cardiac life support on a manikin.
5. Identify management priorities for the infant and child in respiratory failure, shock, and cardiopulmonary arrest.

Credit:
Continuing Education will be awarded to the following with 100% attendance:
- 15.0 Contact Hours approved by Iowa Board of Nursing, Provider #12
- 15.0 CEHs approved for 100% attendance for all levels of EMS by Provider #1500

EMS Sponsor Number: 15-1500-017 FE

Start Date: Tuesday, February 3, 2015

End Date: Wednesday, February 4, 2015

Location: Indian Hills Ottumwa Campus-Video Conferencing Training Center, Room 125

Sign-in Time: 15 minutes prior to start of course

Program Time: 8:00 am – 4:30 pm – both days-1 hour lunch on your own

Cost: $160.00 Tuition, $8.00 card. Student is responsible for acquiring a current PALS textbook and ECC Handbook. Both are available at IHCC bookstore.

Register By: 10 days prior to class

Registration Procedure: Beckie Appleget at 641-683-5281 or rebecca.appleget@indianhills.edu

Contact Information: Contact Lori Reeves at 641-683-5337 or lori.reeves@indianhills.edu

Refund Policy: No refunds will be issued for cancellation less than 3 days prior to the event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the course fee.

Health Sciences-Department Chair-Rural Health Education Partnership: Lori Reeves lori.reeves@indianhills.edu

Rural Health Education Partnership Program Assistant: Sandy Berto, RN sandy.berto@indianhills.edu

This program is subject to cancellation if minimum enrollment is not met by registration deadline.

Non-Discrimination Statement: It is the policy of Indian Hills Community College to provide equal educational and employment opportunities and not to illegally discriminate on the basis of age, race, creed, color, sex, sexual orientation, gender identity, marital status, national origin, religion, genetic information or disability in its educational programs, activities or its employment and personnel policies. It is the further policy of Indian Hills Community College that no retaliatory action shall be taken against any person exercising their rights as an employee or student irrespective of the outcome of any procedure instituted hereunder. Inquiries or grievances related to this policy may be directed to Bonnie Campbell, Director of Human Resources/Equity Coordinator, 525 Grandview, Ottumwa, IA 52501, 641-683-5108; the Director of the Iowa Civil Rights Commission in Des Moines; the Director of the Region VII Office of the United States Equal Employment Opportunity Commission or the Director of the Region VII Office of Civil Rights, United States Department of Education in Kansas City, Missouri. Disability Services/Accommodations: Individuals with disabilities who require accommodations or special services should contact IHEC Disability Services for assistance. Services are available to students who need classroom accommodations, interpreters, and/or specialized equipment. Students enrolling in credit programs should make their requests for accommodations at the time they are applying for admission and preferably, no later than six weeks prior to the beginning of each academic term. All student requests are dealt with in a confidential manner. Students should contact the Ottumwa Disabilities Center by calling 641-683-5749. Centerville students should contact the Academic SUCCESS Center at 641-856-2143, ext. 2214 or email disabilityservices@indianhills.edu
# Health Care Continuing Education Program

## Rural Health Education Partnership

<table>
<thead>
<tr>
<th>Program Title</th>
<th>Pediatric Advanced Life Support-Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Number</td>
<td>15/YR REL 4519 700</td>
</tr>
<tr>
<td>Intended Audience</td>
<td>PALS Providers with instructor potential. Prospective instructors must:</td>
</tr>
<tr>
<td></td>
<td>- Have current PALS provider status</td>
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<td></td>
<td>- Have superior knowledge of PALS guidelines and care</td>
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<td></td>
<td>- Be recommended by a former course coordinator, regional faculty or training center faculty</td>
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<td></td>
<td>- Have completed the AHA instructor Essentials course</td>
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<td></td>
<td>- Be aligned with an AHA training Center</td>
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<tr>
<td>Sponsor</td>
<td>Indian Hills Community College</td>
</tr>
<tr>
<td>Program Purpose</td>
<td>To prepare PALS providers to teach PALS courses using the AHA video and lesson maps in accordance with the American Heart Association standards.</td>
</tr>
<tr>
<td>Faculty</td>
<td>Darci Juline, RN, PALS Training Center Faculty</td>
</tr>
<tr>
<td>Program Objectives</td>
<td>At the completion of this program, the participant will be able to:</td>
</tr>
<tr>
<td></td>
<td>10. Utilize lesson maps and videos that are part of the PALS instructor materials</td>
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<td></td>
<td>11. Identify remediation strategies</td>
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<td></td>
<td>12. Effectively utilize PALS core case scenarios</td>
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<td></td>
<td>13. Conduct PALS skills testing utilizing AHA guidelines</td>
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<td></td>
<td>14. Identify IHCC TC paperwork requirements</td>
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<td></td>
<td>15. Successfully complete course monitoring</td>
</tr>
<tr>
<td>Credit</td>
<td>Continuing Education will be awarded to the following with 100% attendance:</td>
</tr>
<tr>
<td></td>
<td>- 7.0 Contact Hours approved by Iowa Board of Nursing, Provider #12</td>
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<tr>
<td></td>
<td>- 7.0 CEH’s for all levels of EMS by Provider # 1500</td>
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<tr>
<td>EMS Number</td>
<td>15-1500-008 OE</td>
</tr>
<tr>
<td>Start Date/End Date</td>
<td>Tuesday, February 10, 2015</td>
</tr>
<tr>
<td>Location</td>
<td>Indian Hills Community Campus, Video Conference Training Center, Room 125</td>
</tr>
<tr>
<td>Sign-in Time</td>
<td>7:45</td>
</tr>
<tr>
<td>Program Time</td>
<td>8:00-4:00 p.m. (with an hour for lunch on your own)</td>
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<tr>
<td>Cost</td>
<td>$150.00, $25.00 instructor monitor fee, $10 card fee</td>
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<td></td>
<td>$35.00 essentials course (if needed), $42.00 book (optional)</td>
</tr>
<tr>
<td>Pre-Register By</td>
<td>January 29, 2015</td>
</tr>
<tr>
<td>Pre-Registration Procedure</td>
<td>Contact Beckie Appleget at 641-683-5281 or 1-800-726-2585 ext 5281 or email</td>
</tr>
<tr>
<td>Contact Information</td>
<td>Lori Reeves at 641-683-5337 or 1-800-726-2585 ext 5337281 or email <a href="mailto:lorireeves@indianhills.edu">lorireeves@indianhills.edu</a></td>
</tr>
<tr>
<td></td>
<td>Sandy Berto at 641-683-5183 or 1-800-726-2585 ext 5183 or email <a href="mailto:sandy.berto@indianhills.edu">sandy.berto@indianhills.edu</a></td>
</tr>
<tr>
<td>Refund Policy</td>
<td>No refunds will be issued for cancellation less than 3 days prior to an event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the full course fee.</td>
</tr>
</tbody>
</table>

**Health Science-Department Chair-Rural Health Education Partnership: Lori Reeves lorireeves@indianhills.edu**

**Rural Health Education Partnership Program Assistant: Sandy Berto, RN sandy.berto@indianhills.edu**

**Rural Health Education Partnership Program Assistant: Diana Harness BA diana.harness@indianhills.edu**

This program is subject to cancellation if minimum enrollment is not met by registration deadline.

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Health Care Continuing Education Program

Rural Health Education Partnership

Program Title
Paramedic Specialist to Paramedic Transition

Course Number
15/YR REL 4815 701

Intended Audience
Current Iowa Paramedic Specialists

Sponsor
Indian Hills Community College

Program Purpose
To provide Paramedic Specialists a program that will meet all transition requirements for transition from an Iowa Paramedic Specialist to a Paramedic.

Faculty
Lori Reeves BA, PM plus others

Program Objectives
At the completion of this program, the participant will be able to:

1. Obtain and interpret basic blood chemistry
2. Assess and manage collagen vascular disease
3. Assess and manage a patient with agitated delirium
4. Understand the anatomy, physiology, epidemiology, pathophysiology, psychosocial impact, presentations, prognosis and management of major diseases of the eyes, ears, nose and throat
5. Discuss the indications, contraindications, advantages, complications, equipment and technique for tube thoracotomy and thoracic drainage system
6. Discuss the indications, contraindications, advantages, complications, equipment and technique for monitoring a central line

Credit
Continuing Education will be awarded to the following with 100% attendance:

* 5.0 Contact Hours for nursing approved by Iowa Board of Nursing, Provider #12
* 5.0 CEH’s for all levels of EMS by Provider # 1500

EMS Number
15-1500-003 FE

Start Date/End Date
Thursday, February 6, 2014

Location
Indian Hills Community College-VCTC-Room 125

Sign-in Time
15 minutes prior to start of class

Program Time
8:00 am-1:00 pm (with an hour for lunch on your own)

Cost
Tuition: $30.00

Register By
February 12, 2014

A minimum number of participants are needed for this program to be held, please register early to avoid cancellation

Registration Procedure
Call Beckie Appleget at 1-800-726-2585 X 5281 or 641-683-5281
Rebecca.appleget@indianhills.edu

A minimum number of participants are needed for this program to be held

Contact Information
Lori Reeves at 1-800-726-2585 X 5337, lreeves@indianhills.edu, 641-683-5337

Refund Policy
No refunds will be issued for cancellation less than 3 days prior to the event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the course fee.

Health Occupations-Department Chair-Rural Health Education Partnership: Lori Reeves lreeves@indianhills.edu
Rural Health Education Partnership Program Assistant: Sandy Berto, RN sberto@indianhills.edu

This program is subject to cancellation if minimum enrollment is not met by registration deadline.

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Program Title: Pediatric Advanced Life Support-Update

Course Number: 15/YR REL 4511 703

Intended Audience: Nurses, EMS Personnel

Sponsors: Indian Hills Community College

Program Purpose: To develop proficiency in patient assessment, treatment and psychomotor skills necessary to care for the pediatric patient in cardio-pulmonary peri-arrest and arrest situations.

Faculty: Pat Knoot, RN

At the completion of this program, the participant will be able to:

1. Recognize the two most common pre-arrest syndromes
2. Utilize interventions to prevent cardiopulmonary arrest in the infant and child
3. Diagnose and treat dysrhythmias based on rhythm classification and hemodynamic significance
4. Demonstrate and prioritize various vascular access techniques, including intraosseous cannulation
5. Perform child and infant basic cardiac life support on a manikin
6. Identify management priorities for the infant and child in respiratory failure, shock and cardiopulmonary arrest

Credit: Continuing Education will be awarded to the following with 100% attendance:

- 7.5 Contact Hours approved by Iowa Board of Nursing, Provider #12.
- 7.5 CEHs approved for 100% attendance for all levels of EMS by Provider #1500.
- 7.5 hours for Respiratory Therapists

EMS Sponsor Number: 15-1500-015 FE

Start Date/End Date: Monday, February 16, 2015

Location: Indian Hills Ottumwa Campus-Video Conferencing Training Center, Room 125

Sign-in Time: 15 minutes prior to start of course

Program Time: 8:00 am-4:30 pm with 1 hour lunch

Cost: $80.00, tuition and $8.00 card fee

Register By: 10 days prior to class

Registration Procedure: Call Beckie Appleget at 641-683-5281 or 1-800-726-2585 ext. 5281 or email rebecca.appleget@indianhills.edu

Contact Information: Lori Reeves @ 641-683-5337 or lori.reeves@indiahills.edu

Refund Policy: No refunds will be issued for cancellation less than 3 days prior to the event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the course fee.

Health Sciences Department Chair-Rural Health Education Partnership: Lori Reeves lori.reeves@indiahills.edu
Rural Health Education Partnership Program Assistant: Sandy Berto, RN sandy.berto@indianhills.edu

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Health Care Continuing Education Program

Rural Health Education Partnership

Program Title: Topics in Rehab: Considerations for the Hispanic Rehab Patient

Course Number: 15/YR REL 4033 710

Intended Audience: Physical Therapists, Occupational Therapists, PTAs, OTAs, Nurses

Sponsor: Rural Health Education Partnership at Indian Hills Community College

Program Purpose: Participants in this program will learn common phrases and terms Spanish used by the rehab professional when treating a Spanish speaking patient. Cultural considerations for the Hispanic patient will be examined as well.

Faculty: Franklin Ruiz, Spanish Interpreter

Program Objectives: Upon completion of the program the participant will be able to:
1) Translate common rehab terminology and phrases into Spanish
2) Understand cultural difference of the Hispanic patient as they apply to healthcare and rehab situations

The following will be awarded with 100% attendance:
- 3.0 Contact Hours for nursing approved by Iowa Board of Nursing, Provider #12
- 3.0 CEH's for Physical/Occupational Therapy

Start Date/End Date: Tuesday, February 17, 2015

Location: Room 108, Rural Health Education Center, Indian Hills Community College, Ottumwa Campus

Sign-in Time: 5:30 pm

Program Time: 6:00 pm - 9:00 pm

Cost: $30.00 includes tuition, handouts and light snack

Register By: One week prior to class

Registration Procedure: Beckie Appleget at 641-683-5281 or Rebecca.appleget@indianhills.edu

Contact Information: Diana Harness, 641-683-5205 or Diana.harness@indianhills.edu

Refund Policy: No refunds will be issued for cancellation less than 3 days prior to an event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the full course fee.

Department Chair Health Sciences, Rural Health Education Program Director: Lori Reeves lreeves@indianhills.edu
Rural Health Education Partnership Program Assistant: Sandy Berto, RN sberto@indianhills.edu

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# Health Care Continuing Education Program

## Rural Health Education Partnership

<table>
<thead>
<tr>
<th>Program Title</th>
<th>Advanced Cardiac Life Support-Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Number</td>
<td>15/YR REL 4515 700</td>
</tr>
<tr>
<td>Intended Audience</td>
<td>ACLS Providers with instructor potential. Prospective instructors must:</td>
</tr>
<tr>
<td></td>
<td>- Have current ACLS provider status</td>
</tr>
<tr>
<td></td>
<td>- Have superior knowledge of ACLS guidelines and care</td>
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<tr>
<td></td>
<td>- Be recommended by a former course coordinator, regional faculty or training center faculty</td>
</tr>
<tr>
<td></td>
<td>- Have completed the AHA instructor Essentials course</td>
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<tr>
<td></td>
<td>- Be aligned with an AHA training Center</td>
</tr>
<tr>
<td>Sponsor</td>
<td>Indian Hills Community College</td>
</tr>
<tr>
<td>Program Purpose</td>
<td>To prepare ACLS providers to teach ACLS courses using the AHA video and lesson maps in accordance with the American Heart Association standards.</td>
</tr>
<tr>
<td>Faculty</td>
<td>Pat Knoot, RN, ACLS Training Center Faculty</td>
</tr>
<tr>
<td>Program Objectives</td>
<td>At the completion of this program, the participant will be able to:</td>
</tr>
<tr>
<td></td>
<td>16. Utilize lesson maps and videos that are part of the ACLS instructor materials</td>
</tr>
<tr>
<td></td>
<td>17. Identify remediation strategies</td>
</tr>
<tr>
<td></td>
<td>18. Effectively utilize ACLS core case scenarios</td>
</tr>
<tr>
<td></td>
<td>19. Conduct ACLS skills testing utilizing AHA guidelines</td>
</tr>
<tr>
<td></td>
<td>20. Identify IHCC TC paperwork requirements</td>
</tr>
<tr>
<td></td>
<td>21. Successfully complete course monitoring</td>
</tr>
<tr>
<td>Credit</td>
<td>Continuing Education will be awarded to the following with 100% attendance:</td>
</tr>
<tr>
<td></td>
<td>- 7.0 Contact Hours approved by Iowa Board of Nursing, Provider #12</td>
</tr>
<tr>
<td></td>
<td>- 7.0 CEH’s for all levels of EMS by Provider # 1500</td>
</tr>
<tr>
<td>EMS Number</td>
<td>15-1500-0007 OE</td>
</tr>
<tr>
<td>Start Date/End Date</td>
<td>Wednesday, February 25, 2015</td>
</tr>
<tr>
<td>Location</td>
<td>Indian Hills Community Campus, Video Conference Training Center, Room 125</td>
</tr>
<tr>
<td>Sign-in Time</td>
<td>7:45</td>
</tr>
<tr>
<td>Program Time</td>
<td>8:00-4:00 p.m. (with an hour for lunch on your own)</td>
</tr>
<tr>
<td>Cost</td>
<td>$150.00, $25.00 instructor monitor fee, $10 card fee $35.00 essentials course (if needed), $42.00 book (optional)</td>
</tr>
<tr>
<td>Pre-Register By</td>
<td>February 13, 2015</td>
</tr>
<tr>
<td>Pre-Registration Procedure</td>
<td>Contact Beckie Appleget at 641-683-5281 or 1-800-726-2585 ext 5281 or email</td>
</tr>
<tr>
<td>Contact Information</td>
<td>Lori Reeves at 641-683-5337 or 1-800-726-2585 ext 5337281 or email <a href="mailto:lorireeves@indianhills.edu">lorireeves@indianhills.edu</a></td>
</tr>
<tr>
<td></td>
<td>Sandy Berto at 641-683-5183 or 1-800-726-2585 ext 5183 or email <a href="mailto:sandy.berto@indianhills.edu">sandy.berto@indianhills.edu</a></td>
</tr>
<tr>
<td>Refund Policy</td>
<td>No refunds will be issued for cancellation less than 3 days prior to an event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the full course fee.</td>
</tr>
</tbody>
</table>

**Health Science-Department Chair-Rural Health Education Partnership: Lori Reeves lorireeves@indianhills.edu**

**Rural Health Education Program Assistant: Sandy Berto, RN sandy.berto@indianhills.edu**

**Rural Health Education Partnership Program Assistant: Diana Harness BA diana.harness@indianhills.edu**

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**Non-Discrimination Statement** It is the policy of Indian Hills Community College to provide equal educational and employment opportunities and not to illegally discriminate on the basis of age, race, creed, color, sex, sexual orientation, gender identity, marital status, national origin, religion, genetic information or disability in its educational programs, activities or its employment and personnel policies. It is the further policy of Indian Hills Community College that no retaliatory action shall be taken against any person exercising their rights as an employee or student irrespective of the outcome of any procedure instituted hereunder. Inquiries or grievances related to this policy may be directed to Bonnie Campbell, Director of Human Resources/Equity Coordinator, 525 Grandview, Ottumwa, IA 52501, 641-683-5108; the Director of the Iowa Civil Rights Commission in Des Moines; the Director of the Region VII Office of the United States Equal Employment Opportunity Commission or the Director of the Region VII Office of Civil Rights, United States Department of Education in Kansas City, Missouri. **Disability Services/Accommodations** Individuals with disabilities who require accommodations or special services should contact IHCC Disability Services for assistance. Services are available to students who need classroom accommodations, interpreters, and/or specialized equipment. Students enrolling in credit programs should make their requests for accommodations at the time they are applying for admission and preferably, no later than six weeks prior to the beginning of each academic term. All student requests are dealt with in a confidential manner. Students should contact the Ottumwa Disabilities Center by calling 641-683-5749. Centerville students should contact the Academic SUCCESS Center at 641-856-2143, ext. 2214 or email disabilityservices@indianhills.edu.
Health Care Continuing Education Program

Rural Health Education Partnership

Program Title: PHTLS Refresher

Course Number: 15/YR REL 6025 700

Intended Audience: EMS Providers & RN's who have completed a PHTLS provider course within the last 5 years.

Sponsor: Indian Hills Community College

Program Purpose: Provide the student with a refresher update of the PHTLS principles of prehospital trauma care.

Faculty: Lori Reeves, BA, PM

Program Objectives:

1. Recall the key content of PHTLS
2. Expand their knowledge and understanding of the special considerations in assessment and management of the pediatric and geriatric patient.
3. Be aware of current changes and controversies including an understanding of the basics of these changes.
4. Reinforce their patient care practices.
5. Reaffirm ability to perform key skills identified in PHTLS.

Credit: Continuing Education will be awarded to the following with 100% attendance:
* 8.0 Contact Hours approved by Iowa Board of Nursing, Provider #12
* 8.0 CEH's approved for 100% attendance for all levels of EMS by Provider #1500

EMS Number: 15-1500-019 FE

Start Date/End Date: Thursday, February 26, 2015

Location: Indian Hills Community College, Video Conference and Training Center, Room 32-lower level

Sign-in Time: 0745

Program Time: 8:00-4:00 pm

Cost: $80.00 tuition, $10 NAEMT surcharge, books (7th Edition) are the responsibility of the student

Pre-Register By: 10 days prior to the class.

Pre-Registration Procedure: Contact Beckie Appleget at 641-683-5281 or 1-800-726-2585 ext 5281 or email Rebecca.appleget@indianhills.edu

Contact Information:

Lori Reeves at 641-683-5337 or 1-800-726-2585 ext 5337281 or email lori.reeves@indianhills.edu

Sandy Berto at 641-683-5183 or 1-800-726-2585 ext 5183 or email sandy.berto@indianhills.edu

Refund Policy: No refunds will be issued for cancellation less than 3 days prior to an event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the full course fee.

Health Sciences-Department Chair-Rural Health Education Partnership: Lori Reeves lori.reeves@indianhills.edu
Rural Health Education Partnership Program Assistant: Sandy Berto, RN sandy.berto@indianhills.edu

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Rural Health Education Partnership-Program Offering

Program Title: Advanced Cardiac Life Support - Prep Class
Course Number: 15/YR REL 4503 707
Intended Audience: RN's, Paramedics, Paramedic Specialists
Sponsor: Indian Hills Community College

Program Purpose: This class is designed to prepare the participant with minimal or no previous ACLS knowledge to successfully complete an ACLS course. The course will include a thorough ECG dysrhythmia review as well as emergency drug pharmacology, and ACLS treatment algorithms, and an introduction to the ACLS team concept.

Faculty: Pat Knoot, RN

Program Objectives: At completion of the program, the participant will be able to:
- List, describe and give the functions of the structures of the electrical conduction system of the heart
- Understand depolarization and repolarization and the role this plays in cardiac function
- Identify the components of an ECG tracing and explain the characteristics of each
- Discuss how the electrical activity in the heart corresponds with each type of dysrhythmia
- Identify each type of cardiac dysrhythmia and know the specific characteristics of each
- Overview treatment of individual dysrhythmias
- Review current ACLS drugs and dosages
- Understand and advocate for the need for effective, maximized CPR
- Identify how chest recoil and PPV interferes with intrathoracic pressures
- Review current CPR recommendations
- Review treatment modalities for rhythm families
- Discuss the ACLS "H's & T's" and corrective measures
- Identify electrical therapy options
- Demonstrate the team treatment approach to a V-fib arrest

Credit: Continuing Education will be awarded to the following with 100% attendance:
- 7.5 Contact Hours approved by Iowa Board of Nursing, Provider #12
- 7.5 CEH's approved for 100% attendance for all levels of EMS by Provider #1500

EMS Sponsor Number: 15-1500-010 FE
Start Date/End Date: Monday, March 2, 2015
Location: Indian Hills Ottumwa Campus-Video Conference & Training Center -Room 125
Sign-in Time: 7:45
Program Time: 8:00-12:00 & 1:00-4:00-1 hr lunch on your own
Cost: $80.00 tuition & handouts
Register By: 10 days prior to the course.
Registration Procedure: Contact Beckie Appleget at 1-800-726-2585 ext 5281, 641-683-5281 rebecca.appleget@indianhills.edu
Cancellation Procedure: Contact Beckie Appleget at 1-800-726-2585 ext 5281, 641-683-5281 rebecca.appleget@indianhills.edu
Contact Information: Lori Reeves, BA, PS/CCP lori.reeves@indianhills.edu
Refund Policy: No refunds will be issued for cancellation less than 3 days prior to the event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the course fee.

Health Sciences-Department Chair-Rural Health Education Partnership: Lori Reeves lori.reeves@indianhills.edu
Rural Health Education Partnership Program Assistant: Sandy Berto, RN sandy.berto@indianhills.edu

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## Rural Health Education Partnership - Program Offering

<table>
<thead>
<tr>
<th>Program Title</th>
<th>Advanced Cardiac Life Support-Initial Provider</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Number</td>
<td>15/YR REL 4503 709</td>
</tr>
<tr>
<td>Intended Audience</td>
<td>RN, 8th term nursing student, RT, advanced level EMS providers, Physicians, PA, RNP's</td>
</tr>
<tr>
<td>Sponsor</td>
<td>Indian Hills Community College</td>
</tr>
<tr>
<td>Program Purpose</td>
<td>To increase the participants knowledge in regards to enhancing their skills in the treatment of cardio-pulmonary arrest and peri-arrest patients through active participation in a series of simulated cardiac and respiratory cases.</td>
</tr>
<tr>
<td>Faculty</td>
<td>Pat Knoot, RN</td>
</tr>
<tr>
<td>Program Objectives</td>
<td>At the completion of this program, the participant will be able to:</td>
</tr>
<tr>
<td></td>
<td>1. Recognize and initiate early management of peri-arrest conditions that may result in cardiac arrest or complicate resuscitation outcome</td>
</tr>
<tr>
<td></td>
<td>2. Demonstrate proficiency in providing BLS care, including prioritizing chest compressions and integrating AED use</td>
</tr>
<tr>
<td></td>
<td>3. Recognize and manage respiratory arrest</td>
</tr>
<tr>
<td></td>
<td>4. Recognize and manage cardiac arrest until termination of resuscitation or transfer of care, including immediate post-cardiac arrest care</td>
</tr>
<tr>
<td></td>
<td>5. Recognize and initiate early management of acute coronary syndromes (ACS), including appropriate disposition</td>
</tr>
<tr>
<td></td>
<td>6. Recognize and initiate early management of stroke, including appropriate disposition</td>
</tr>
<tr>
<td></td>
<td>7. Demonstrate effective communication as a member or leader of a resuscitation team and recognize the impact of team dynamics on overall team performance</td>
</tr>
<tr>
<td>Credit</td>
<td>Continuing Education will be awarded to the following with 100% attendance:</td>
</tr>
<tr>
<td></td>
<td>• 11.0 Contact Hours approved by Iowa Board of Nursing, Provider #12.</td>
</tr>
<tr>
<td></td>
<td>• 11.0 CEH’s approved for 100% attendance for all levels of EMS by Provider #1500.</td>
</tr>
<tr>
<td></td>
<td>• 11.0 hours for Respiratory Therapists</td>
</tr>
<tr>
<td>EMS Sponsor Number</td>
<td>15-1500-012 FE</td>
</tr>
<tr>
<td>Start Date</td>
<td>Monday, March 9, 2015</td>
</tr>
<tr>
<td>End Date</td>
<td>Tuesday, March 10, 2015</td>
</tr>
<tr>
<td>Location</td>
<td>Indian Hills Community College-Video Conference &amp; Training Center-Room 120</td>
</tr>
<tr>
<td>Sign-in Time</td>
<td>15 minutes prior to start of program</td>
</tr>
<tr>
<td>Program Time</td>
<td>8:00 AM – 4:30 PM day 1; 8:00 AM – 11:30 AM day 2</td>
</tr>
<tr>
<td>Cost</td>
<td>$150.00, plus $8.00 for card. Completion of the ACLS Prep course prior to this class is HIGHLY recommended. Students are required to obtain a current ACLS book for this course and recommended to obtain an ECC handbook. If not supplied by an employer, books are available in the IHCC bookstore. Completion of the on-line pre-test is required for admission to this course.</td>
</tr>
<tr>
<td>Register By</td>
<td>10 days prior to the course.</td>
</tr>
<tr>
<td>Registration Procedure</td>
<td>Contact Beckie Appleget at 1-800-726-2585 ext 5281, 641-683-5281 <a href="mailto:rebecca.appleget@indianhills.edu">rebecca.appleget@indianhills.edu</a></td>
</tr>
<tr>
<td>Cancellation Procedure</td>
<td>Contact Beckie Appleget at 641-683-5281 <a href="mailto:rebecca.appleget@indianhills.edu">rebecca.appleget@indianhills.edu</a></td>
</tr>
<tr>
<td>Contact Information</td>
<td>Lori Reeves, BA, PM <a href="mailto:lori.reeves@indianhills.edu">lori.reeves@indianhills.edu</a></td>
</tr>
<tr>
<td>Refund Policy</td>
<td>No refunds will be issued for cancellation less than 3 days prior to the event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the course fee.</td>
</tr>
</tbody>
</table>

Health Sciences-Department Chair-Rural Health Education Partnership: Lori Reeves lori.reeves@indianhills.edu
Rural Health Education Partnership Program Assistant: Sandy Berto, RN sandy.berto@indianhills.edu

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Rural Health Education Partnership - Program Offering

Program Title: Advanced Cardiac Life Support-Update

Course Number: 15/YR REL 4504 705

Intended Audience: Nurses, advanced level EMS providers, physicians, PA’s and RNP’s

Sponsor: Indian Hills Community College

Program Purpose: To increase the participants knowledge in regards to enhancing their skills in the treatment of cardio-pulmonary arrest and peri-arrest patients through active participation in a series of simulated cardiac and respiratory cases.

Faculty: Pat Knoot, RN

Program Objectives: At the completion of this program, the participant will be able to:

1. Recognize and initiate early management of peri-arrest conditions that may result in cardiac arrest or complicate resuscitation outcome
2. Demonstrate proficiency in providing BLS care, including prioritizing chest compressions and integrating AED use
3. Recognize and manage respiratory arrest
4. Recognize and manage cardiac arrest until termination of resuscitation or transfer of care, including immediate post-cardiac arrest care
5. Demonstrate effective communication as a member or leader of a resuscitation team and recognize the impact of team dynamics on overall team performance

Credit: Continuing Education will be awarded to the following with 100% attendance:

* 7.5 Contact Hours approved by Iowa Board of Nursing, Provider #12.
* 7.5 CEH’s approved for 100% attendance for all levels of EMS by Provider #1500.
* 7.5 hours for Respiratory Therapists

EMS Sponsor Number: 15-1500-014 FE

Start Date/End Date: Wednesday, March 18, 2015

Location: Indian Hills Ottumwa Campus-Video Conferencing Training Center, Room 125

Sign-in Time: 07:45

Program Time: 08:00am - 4:00pm (with an hour for lunch on your own)

Cost: $80.00 tuition & handouts plus $8.00 card fee

Register By: 10 days prior to the course.

Registration Procedure: Call Beckie Appleget at 1-800-726-2585 ext 5281, 641-683-5281 or email Rebecca.appleget@indianhills.edu

Cancellation Procedure: Call Beckie Appleget at 1-800-726-2585 ext 5281, 641-683-5281 or email Rebecca.appleget@indianhills.edu

Contact Information: Lori Reeves, BA, PM lori.reeves@indianhills.edu

Refund Policy: No refunds will be issued for cancellation less than 3 days prior to the event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the course fee.

Health Sciences-Department Chair-Rural Health Education Partnership: Lori Reeves lori.reeves@indianhills.edu
Rural Health Education Partnership Program Assistant: Sandy Berto, RN sandy.berto@indianhills.edu

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Program Title: LPN Supervision
Course Number: 15/CS PNN 831 80
Intended Audience: Licensed Practical Nurses
Sponsor: Indian Hills Community College
Program Purpose: To provide the skills necessary for a Licensed Practical Nurse to supervise in a nursing facility
Faculty: Cathy Thalken RN
Program Objectives: Upon completion of this course, the participant will be able to:
1. Recognize basic characteristics of all organizations and compare and describe health care facilities in relation to these characteristics
2. Understand the difference between leadership and management
3. Discuss management goals and tasks and recognize the role and responsibility of managers in health care facilities
4. Describe leadership qualities that will assist the supervisor in the health care facility to achieve high-level performance and attain goals
5. Develop a strategy to improve individual leadership
6. Recognize the special nursing needs of individual clients and utilize this knowledge in adopting and assisting others to adopt nursing care for clients in a health care facility
Continuing Education will be awarded to the following for 100% attendance:
- 45.00 Contact Hours by Iowa Board of Nursing, Provider #12
Credit
Start Date: Wednesday, March 4, 11, 18, 25, April 1, 8, 2015
End Date: Wednesday, April 8, 2015
Location: Indian Hills Community College, Video Conference & Training Center, Room 125
Sign-in Time: 15 minutes prior to start of program on first day
Program Time: 8:00 am – 4:00 pm
Cost: $232.50 tuition plus $110.00 text and materials=$342.50
Register By: Friday, February 20, 2015
Registration Procedure: Beckie Appleget
641-683-5281
Rebecca.appleget@indianhills.edu
Contact Person: Scott Johnson
641-683-5217
scott.johnson@indianhills.edu
Refund Policy: No refunds will be issued for cancellation less than 3 days prior to an event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the full course fee.

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This program is subject to cancellation if minimum enrollment is not met by registration deadline.
Program Title: Pediatric Advanced Life Support-Initial Provider
Course Number: 15/YR REL 4516 704
Intended Audience: Nurses, EMS Personnel
Sponsor: Indian Hills Community College

Program Purpose: Pediatric Advanced Life Support (PALS) uses a series of simulated pediatric emergencies to reinforce the important concepts of a systematic approach to pediatric assessment, basic life support, PALS treatment algorithms, effective resuscitation and team dynamics.

Faculty: Pat Knoot RN

Program Objectives:
6. Recognize the two most common pre-arrest syndromes utilize interventions to prevent cardiopulmonary arrest in the infant and child
7. Diagnose and treat dysrhythmias based on rhythm classification and hemodynamic significance
8. Demonstrate and prioritize various vascular access techniques, including intraosseous cannulation
9. Perform child and infant basic cardiac life support on a manikin
10. Identify management priorities for the infant and child in respiratory failure, shock, and cardiopulmonary arrest

Credit: Continuing Education will be awarded to the following with 100% attendance:
• 15.0 Contact Hours approved by Iowa Board of Nursing, Provider #12
• 15.0 CEHs approved for 100% attendance for all levels of EMS by Provider #1500

EMS Sponsor Number: 15-1500-018 FE
Start Date: Tuesday, April 7, 2015
End Date: Wednesday, April 8, 2015
Location: Indian Hills Ottumwa Campus-Video Conferencing Training Center, Room 125
Sign-in Time: 15 minutes prior to start of course
Program Time: 8:00 am – 4:30 pm – both days-1 hour lunch on your own
Cost: $160.00 Tuition, $8.00 card Student is responsible for acquiring a current PALS textbook and ECC Handbook. Both are available at IHCC bookstore.

Register By: 10 days prior to class
Registration Procedure: Beckie Appleget at 641-683-5281 or rebecca.appleget@indianhills.edu
Contact Information: Contact Lori Reeves at 641-683-5337 or lori.reeves@indianhills.edu
Refund Policy: No refunds will be issued for cancellation less than 3 days prior to the event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the course fee.

Health Sciences-Department Chair-Rural Health Education Partnership: Lori Reeves lori.reeves@indianhills.edu
Rural Health Education Partnership Program Assistant: Sandy Berto, RN sandy.berto@indianhills.edu

This program is subject to cancellation if minimum enrollment is not met by registration deadline.

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Program Title: Pediatric Advanced Life Support-Update

Course Number: 15/YR REL 4511 704

Intended Audience: Nurses, EMS Personnel

Sponsors: Indian Hills Community College

Program Purpose: To develop proficiency in patient assessment, treatment and psychomotor skills necessary to care for the pediatric patient in cardio-pulmonary peri-arrest and arrest situations.

Faculty: Pat Knoot, RN

At the completion of this program, the participant will be able to:

1. Recognize the two most common pre-arrest syndromes
2. Utilize interventions to prevent cardiopulmonary arrest in the infant and child
3. Diagnose and treat dysrhythmias based on rhythm classification and hemodynamic significance
4. Demonstrate and prioritize various vascular access techniques, including intraosseous cannulation
5. Perform child and infant basic cardiac life support on a manikin
6. Identify management priorities for the infant and child in respiratory failure, shock and cardiopulmonary arrest

Credit: Continuing Education will be awarded to the following with 100% attendance:

- 7.5 Contact Hours approved by Iowa Board of Nursing, Provider #18.
- 7.5 CEHs approved for 100% attendance for all levels of EMS by Provider #1500.
- 7.5 hours for Respiratory Therapists

EMS Sponsor Number: 15-1500-016 FE

Start Date/End Date: Monday, April 13, 2015

Location: Indian Hills Ottumwa Campus-Video Conferencing Training Center, Room 125

Sign-in Time: 15 minutes prior to start of course

Program Time: 8:00 am-4:30 pm with 1 hour lunch

Cost: $80.00, tuition and $8.00 card fee

Register By: 10 days prior to class

Registration Procedure: Call Beckie Appleget at 641-683-5281 or 1-800-726-2585 ext. 5281 or email beckie.appleget@indianhills.edu

Contact Information: Lori Reeves @ 641-683-5337 or lori.reeves@indianhills.edu

Refund Policy: No refunds will be issued for cancellation less than 3 days prior to the event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the course fee.

Health Sciences Department Chair–Rural Health Education Partnership: Lori Reeves lori.reeves@indianhills.edu

Rural Health Education Partnership Program Assistant: Sandy Berto, RN sandy.berto@indianhills.edu

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Rural Health Education Partnership - Program Offering

Program Title
Cervical/Neck/Upper Thoracic Specifics with Mario Castro

Course Number
15/YR REL 4033 704

Intended Audience
Nurses, Massage Therapy, Physical Therapists

Sponsors
Indian Hills Community College in cooperation with Carlson College of Massage Therapy

Program Purpose
To increase the participants knowledge in regards to hands on skills encompassing the cervical neck and upper thoracic area.

Faculty
Mario Castro

Program Objectives
Upon completion of this program, the participant will be able to:
1. Identify structure of the Cervical/neck and upper thoracic
2. Identify muscles involved in soft tissue cervical/neck dysfunction
3. Stretch the cervical/neck and upper thoracic muscles
4. Address each muscle with neuromuscular techniques
5. Incorporate clinical reasoning skills with muscle testing

Credit
Continuing Education will be awarded to the following with 100% attendance:
* 12 Contact hours for Nursing by Iowa Board of Nursing, Provider #12
* 12 CEH’s for Massage Therapy
* 12 CEH’s for Physical/Occupational Therapy

Start Date
Friday, April 17, 2015

End Date
Saturday, April 18, 2015

Location
Indian Hills Community College-Rural Health Education Center-Room 15 (PT LAB)

Sign-in Time
15 minutes prior to start of class

Program Time
5:30 pm– 9:30 pm Friday; 9:00 am-6:00 pm Saturday

Cost
$215.00

Register By
April 1, 2015

Registration Procedure
Rebecca Appleget 641-683-5281
rebecca.appleget@indianhills.edu

Cancellation Procedure
Rebecca Appleget 641-683-5281
rebecca.appleget@indianhills.edu

Contact Information
Diana Harness 641-683-5205
diana.harness@indianhills.edu

Refund Policy
No refunds will be issued for cancellation less than 3 days prior to an event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the full course fee.

Health Occupations-Department Chair-Rural Health Education Partnership: Lori Reeves lreeves@indianhills.edu
Rural Health Education Partnership Program Assistant: Diana Harness Diana.harness@indianhills.edu

This program is subject to cancellation if minimum enrollment is not met by registration deadline.
Rural Health Education Partnership - Program Offering

Program Title
Prehospital Trauma Life Support

Course Number
15/YR REL 4275 701

Intended Audience
Emergency nurses and all levels of EMS providers

Sponsor
Indian Hills Community College

Program Purpose
The PHTLS course is designed to provide the practicing prehospital and emergency care provider with a specific body of knowledge related to the Prehospital assessment and care of the trauma patient.

Faculty
Lori Reeves, B.A., P.S, and Cindy Hewitt, RN, BS

Program Objectives
At the completion of this program, the participant will be able to:
1. Analyze trauma in special patient populations
2. Demonstrate assessment/diagnostic skills
3. Defend rapid assessment/transport
4. Demonstrate multi system trauma patient management
5. Describe physiology/kinematics of injury
6. Identify trauma injuries
7. Outline shock physiology
8. Perform trauma intervention skills

Credit
Continuing Education will be awarded to the following with 100% attendance:
* 16.0 Contact Hours approved for 100% attendance for all levels of EMS by Provider #1500.
* 16.0 contact hours approved by Iowa board of nursing provider #12

EMS Sponsor Number
15-1500-024 FE

Start Date
Friday, April 24, 2015

End Date
Saturday, April 25, 2015

Location
Indian Hills Community College, Video Conference & Training Center, Ottumwa, Iowa-EMS Classroom, room 38

Sign-in Time
7:45 am

Program Time
8:00 am – 5:00 pm-1 hour lunch on your own

Cost
$160 tuition, $15.00 NAEMT Surcharge. Books (PTHLS 7th edition) are the responsibility of the student and may be purchased from the IHCC bookstore prior to the class or ordered from many on-line sources.

Register By
One week prior to class

Registration Procedure
Call Beckie Appleget at 641-683-5281 or 1-800-726-2585 ext 5281
Rebecca.appleget@indianhills.edu

Cancellation Procedure
Call Beckie Appleget at 641-683-5281 or 1-800-726-2585 ext 5281
Rebecca.appleget@indianhills.edu

Contact Information
Lori Reeves at 641.683.5337 or email at lreeves@indianhills.edu

Refund Policy
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Health Sciences-Department Chair-Rural Health Education Partnership: Lori Reeves lreeves@indianhills.edu
Rural Health Education Partnership Program Assistant: Sandy Berto, RN sberto@indianhills.edu

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Health Care Continuing Education Program
Rural Health Education Partnership

Program Title: Antisocial Personality Disorder (ASPD): Assessment & Criteria Clearly Defined, Treatment—Not So Much

Course Number: 15/YR REL 4097 712

Intended Audience: Nurses, EMS Providers, Social Work, Respiratory Therapists, PTs, OTs, PTA and OTA, Residential Care Administrators, Department Heads in Long Term Care, Direct Care Staff, other interested health care professionals

Sponsor: The Rural Health Education Partnership at Indian Hills Community College

Program Purpose: Antisocial Personality Disorder (ASPD) has been described as "A pattern of recurrent antisocial, delinquent or criminal behavior that starts in childhood, or early adolescence, and is manifested by disturbances in many areas of life: family relations, schooling, work, military service, and marriage" (Goodwin and Guze, *Psychiatric Diagnosis*, 1989). This workshop is designed to help those in the helping professions and in correctional settings gain a wider understanding of the disorder and general management strategies that show the potential to help at least some individuals with ASPD.

Faculty: Nancee Blum, MSW, LISW, Department of Psychiatry at the University of Iowa Carver College of Medicine. Nancee is a consultant to the Iowa Department of Corrections to implement the STEPPS program, (Systems Training for Emotional Predictability and Problem Solving) in the Iowa prisons and community corrections. Although this was developed for the treatment of Borderline Personality Disorder, positive outcomes have been reported in offenders who have traits of Antisocial Personality Disorder.

Program Objectives: Upon completion of the program the participant will be able to:
- Describe the evolution of the diagnosis of ASPD and descriptive terms (sociopathy, psychopathy)
- Understand theoretical models
- Discuss risk factors for ASPD
- State management strategies for ASPD
- Describe potentially helpful treatments for adults with ASPD
- Describe a treatment for aggressive juveniles in a Connecticut correctional setting

Credit:
- 3.0 Contact hours for nursing approved by Iowa Board of Nursing, Provider #12
- 3.0 CEH's for all levels of EMS by Provider # 1500
- 3.0 CEH's for Social Work Continuing Education
- 3.0 CEH's for Nursing Home Administrators approved by Iowa State Board of Examiners for Nursing Home Administrators
- 3.0 Contact hours approved by the IDPH for Department Heads in Long Term Care
- 3.0 Contact hours approved by the IDPH for Residential Care Administrators
- 3.0 CEH's for Respiratory Therapists
- 3.0 CEH's for Physical/Occupational Therapy

EMS Number: 15-1500-004 FE

Start Date/End Date: Friday, May 8, 2015

Location: Room 108, Rural Health Education Center, Indian Hills Community College, Ottumwa Campus

Sign-in Time: 12:30 pm

Program Time: 1:00 pm-4:00 pm

Cost: $45.00 includes tuition and handouts

Register By: Thursday, April 23, 2015

Registration Procedure: Beckie Appleget @ 641-683-5281 or Rebecca.appleget@indianhills.edu

Contact Information: Sandy Berto, R.N., at 641-683-5183 or sandy.berto@indianhills.edu

Refund Policy: No refunds will be issued for cancellation less than 3 days prior to an event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the full course fee.

Department Chair Health Sciences, Rural Health Education Program Director: Lori Reeves lreeves@indianhills.edu
Rural Health Education Partnership Program Assistant: Sandy Berto, RN sberto@indianhills.edu

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