



EMS ONE CONFERENCE

ONE TEAM - ONE GOAL

Saturday, January 24, 2026
Indian Hills Community College
Rural Health Education Center

Join us for our annual EMS One Conference.
Earn **FREE Continuing Education credit!**

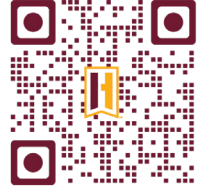
Continuing Education available for all EMS providers (8 CEHs),
Emergency Nurses (6.6 Contact Hours) &
Respiratory Therapists (up to 7 Contact Hours)

<https://ihcc.edu/emskonference>

Please join us for the EMS One Conference! The EMS One conference committee, donors and sponsors, would like to recognize what you do and invite you to join us for a **FREE** day of learning, networking, food, and fun! Come and connect with other EMS providers. We may be from different regions, counties, and services, but we are ONE team. Providing the best emergency medical care we can, is our EMS ONE goal!

Registration & Other Information

Registration: Even though the conference is free, registration is required to ensure enough materials and food. Please register by going to <https://ihcc.edu/emsconference> or scanning the QR Code. Walk-ins will be accepted but may not receive printed materials and food will be on an as available basis.



Location: This event will be held in the Rural Health Education Center on the IHCC Ottumwa Campus. Maps and directions are available by clicking on “campus Locations” at the bottom of the IHCC website www.indianhills.edu

Rescheduling: In the event of weather cancellation, the conference will be held on **Saturday, February 7th, 2026**. This may result in substituting sessions.

Continuing Education: All sessions in this conference have been approved for a total of 8 CEHs of EMS credit for someone attending all day. Renewal topic areas are indicated below. EMS providers may attend any session- regardless of their certification level or endorsement.

For nursing and most other healthcare professions in Iowa, it is the licensees’ responsibility to determine if the continuing education sessions they attend meet the requirements of their professional licensure board. As a courtesy, IHCC lists contact hours for other professions that we feel the class may meet continuing education requirements for.

- Nurses may earn 6.6 contact hours by attending all day
- Respiratory Therapy may earn 7 contact hours by attending sessions designated as “A” (Airway) credit for EMS

Food: A continental breakfast, lunch and afternoon snack will be provided as well as coffee, water and soda all day. Please email Lori Reeves if you have any food allergies or restrictions we should be aware of.

Photos: Photos of the conference participants will be taken to be used without compensation for publicity and public relations purposes by the entities sponsoring the conference. Please contact lori.reeves@indianhills.edu if you do not give your permission for your likeness to be used.

Conference Schedule

0715-0755 Registration & Breakfast

0755-0800 Welcome & Announcements

0800-0850 All-Group Session- Rooms 108 & 109
EMS: The State of the State (Ops) - Jacob Dodds

0915-0925 Break

BREAKOUT SESSIONS:

	Room 108-109	Room 5 - Downstairs	Room 110	CEH
0900-1015	The Legal System (Ops) Frank Nagorka	Pediatric Resp Disorders (A, M, Ops) Lori Gerhke		1.5
1015-1025	Break			
1025-1140	Prehospital Trauma Mgmt (T) Bill Bevins	Pediatric Sepsis (M, Ops) Lori Gerhke	Post Intubation Mgmt (A, M) (CCP) Dr. Sven Steen	1.5
1140-1220	Lunch			
1220-1310	Drowning (A, T, M, Ops) Bill Bevins	Documentation (Ops) Frank Nagorka		1.0
1310-1320	Break			
1320-1410	Squeeze the Handle (A, M) Jamie Temple	Bump in the Road (T, Ops) Margaux Beckett		1.0
1410-1420	Break			
1420-1510	Psychedelics (M) Bryon Bellinger	From Collapse to Comeback (A, C, M) Shannon Smith	Outmanned & Outgunned (M) (CCP) Jamie Temple	1.0
1510-1515	Break			
1515-1605	Signs of Life (A, M) Margaret Mitchell	Trauma to the Groin (T) Jamie Temple	Beyond the STEMI (C, M) (CCP) Bryon Bellinger	1.0

Presenters:

Margaux Beckett, BSN, RNC-OB, C-EFM, is a dedicated and highly experienced member of the high risk HROB transport and flight team at Mercy One. With over 17 years of specialized experience in OB ED and antepartum care at Mercy One, Margaux brings a wealth of clinical expertise and compassionate care to every patient encounter

Bryon Bellinger RN, MSN, ARNP, FNP-C started working in EMS in 1999, 15 plus years' experience as a paramedic. He has worked 911, interfacility transport, critical care, tactical, and flight. Bryon became an RN, then ARNP. He currently has 9 years' experience as nurse practitioner, working ER and internal medicine as a hospitalist. 2 years' experience in trauma and acute care surgery. He has a unique interest in hormone optimization and psychedelic therapeutic options.

Bill Bevins CCP, NRP has been in pre-hospital emergency medicine for over 20 years and in HEMS since 2015. He has experience in urban and rural settings. His passion lies in rural EMS and has previously served as the Rural Hospital Representative on Iowa's Trauma System Advisory Council. Bill continues to serve on the EMSC Hospital Recognition Subcommittee for the Iowa Pediatric Emergency Assessment and Care (IPEAC) Recognition Program. His current role is Flight Paramedic with the University of Iowa AirCare program.

Jacob Dodds, BA, NRP has been the Bureau of Emergency Medical & Trauma Services' EMS Field Coordinator for 53 counties in southern Iowa since 2021. A native of Southeast Iowa and a second-generation EMS provider, during his twenty-five-year career he has held multiple positions with various EMS agencies including staff paramedic, flight paramedic, shift supervisor, training coordinator, and operations supervisor. Most recently he served as the EMS director for Henry County EMS in Mount Pleasant prior to joining the BEMTS team.

Laurie Gehrke, R.N., BSN, CEN, CPEN has had extensive experience in emergency medicine, having been ER nurse and the ER Manager at the Univ of Missouri Health Science Center, a flight nurse, and over 20 years as a member of the pediatric transport team at Blank's children's hospital. She is currently the Director of Education and Clinical Care at Iowa IV.

Margaret Mitchell RN, CEN, PHRN "Mitch" currently works for Air Evac #59 as a Flight Nurse and for Iowa Heart Center with MercyOne. She has over 30 years of experience in nursing, having worked in ER, ICU, Cath Lab and as a flight nurse.

Frank Nagorka, JD, EMT-P lives in Chicago, Illinois where he is both a paramedic and an active attorney, practicing law with a specialization in emergency services. He began his legal career with the city of Chicago. After several years of experience in the Appellate Courts, he transferred to the Torts Division where he litigated and tried significant personal injury cases. More specifically, he specialized in the defense of the Chicago Fire Department and its Emergency Medical Services Bureau. Frank has since entered private practice where he specializes in medical malpractice and emergency services cases. Frank began his paramedic training in 1983 and has been practicing since.

Shannon Smith, NREMT-P, AAS, is a seasoned paramedic with 15 years of experience in prehospital emergency care, serving a busy hospital based 911 system. When not working the truck, she extends her knowledge and experience toward the future of EMS as an instructor.

Dr. Sven Steen MD, FAEMS is a clinical Assistant Professor of Emergency Medicine at the University of Iowa's Carver College of Medicine and is Board Certified in Emergency Medicine and Emergency Medical Services. He has over 10 years of experience in the medical field.

Jamie Temple, BA, NRP, CCP EMS Program Director/Manager of EMS and Public Safety, Eastern Iowa Community Colleges - Davenport, IA

Session Descriptions

All Group Session:

EMS: The State of the State- Jacob Dodds

EMS 1 CEH – Ops

This all-group session includes an overview of the current state of EMS in Iowa, as well as updates on initiatives from the Bureau of Emergency Medical & Trauma Services. What's Changing? What's new? What's Coming?

General Breakout Sessions:

The Legal System and What You Need to Know- Frank Nagorka **EMS 1.5 CEH – Ops**

In this session, the student will gain an appreciation of how the legal system differs in significant and profound ways from the medical system. Litigation in EMS will be described and illustrated with concrete examples from Mr. Nagorka's defense of EMS throughout the country. The attendee will see, if a case is not settled out of court, how the trial will play out. Robust vocabulary allows you to better communicate with your lawyer so here you will be exposed to it. Appreciate what an experienced EMS provider must know about special legal situations.

*** If you have specific questions about EMS Litigation or EMS documentation you would like answered, please email those to lori.reeves@indianhills.edu by January 12th. These will be forwarded to Frank who will come prepared with an answer to your question(s)!***

Pediatric Respiratory Disorders- Lori Gerhke

EMS 1.5 CEH – A, M, Ops

The most common illnesses in children are respiratory related. Are you prepared to care for that gasping blue child? This session will begin with examining the etiology and pathophysiology of common pediatric respiratory disorders. We will investigate the common signs and symptoms of pulmonary disorders in children and examine therapeutic interventions to be utilized to support the child with a respiratory disorder during transport.

Prehospital Trauma Management – Bill Bevins**EMS 1.5 CEH – T**

This session will focus on trauma assessment and several types of trauma. Through case studies we will examine brain bleeds, both blunt force and penetrating trauma, spinal motion restriction, thoracic trauma and extremity trauma. Management and treatment options will also be discussed.

Pediatric Sepsis - Lori Gerhke**EMS 1.5 CEH – M or Ops**

There has been a lot of education put out in the last couple of years about adult sepsis, but how does this present in pediatric patients? We will delve into the physiology of septic shock and how this plays out differently in children. You will be able to identify the signs and symptoms of pediatric septic shock and outline general and advanced emergency management of the child in septic shock.

**Post Intubation Management -
Dr. Sven Steen****EMS 1.5 CEH- A or M (qualifies for CCP)**

This program will examine management of patients who have been intubated and the care received thereafter. It will delve into post intubation complications, ongoing sedation & pharmacology, and ventilator settings & management. We will wrap up the session with some case scenarios discussion.

Drowning: Management and Prevention – Bill Bevins**EMS 1 CEH – A, T, M, Ops**

Join us as we look at the epidemiology and pathophysiology of drowning. What really happens when someone “drowns”? What should you expect? We will look at what are the priorities in managing drowning victims. Lastly we will examine the importance of and priorities for drowning prevention and what are some resources for drowning prevention you can use in your community.

Documentation for the Patient - Frank Nagorka**EMS 1 CEH – Ops**

Who really looks at your documentation? You would be surprised. Learn an actual algorithm for documentation that makes sense. Do you change how you document when you electronically document? Are you aware some patients require certain documentation? Are you only using words to document? There are other ways to document than just words and, in this session, you will learn how to make your documentation world class.

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Squeeze the Handle – Jamie Temple**EMS 1 CEH – A, M**

EMS providers are oxygen-administration “wizards”! We know everyone gets it either up the nose or down the hatch. Problem is, in most situations, that’s it. What if the patient cannot deliver that oxygen to the alveoli due to trauma, disease, or another malady? This session will explore Ventilation, one of the most beneficial yet under-utilized skills in any EMS Provider’s toolbox! We will explore the when, why, how, and what-if’s of this active, labor-intensive, and life-saving therapy.

Bump in the Road - Managing Prehospital Complications & Trauma During Pregnancy- Margaux Beckett

EMS- 1 CEH T or Ops

We will discuss potential life-threatening traumatic injuries that may occur during different stages of pregnancy. Unplanned and unexpected, let's look at falls, motor vehicle crashes and other accidents that can cause trauma to mom and baby. We will also explore non-trauma prehospital pregnancy complications that can cause a "Bump in the Road" during your transport & care.

Psychedelics- Bryon Bellinger

EMS 1 CEH - M

Psychedelic drugs, what are they? What do they do? How are they used? Who uses them? And why should I care? This class will provide an overview of a class of drugs that is becoming more popular recreationally as well as therapeutically.

From Collapse to Comeback: A Life Saved by EMS- Shannon Smith

EMS 1 CEH - A, C, M

On Christmas morning, a routine call turned into an unforgettable example of the power of early intervention and mutual aid. Through actual video of the event, this session explores the real-life case of an out of hospital cardiac arrest survivor whose life was saved through rapid response of law enforcement and use of AED and seamless EMS care. It highlights system readiness, importance of early defibrillation, and the profound impact EMS providers can have not just saving lives, but preserving them.

"Outmanned and Outgunned" - Pharmacology Challenge - Jamie Temple

EMS 1 CEH - M (Qualifies for CCP)

Sometimes you just have to tip your hat to your patients and their "Amateur Pharmacist" skills! This session rolls through a couple of challenging pharm scenarios and along the way will sharpen your ability to use your noodle as well as your drug box!

Signs of Life: What Else the Patient's Vital Signs Can Tell You- Margaret Mitchell

EMS 1 CEH - A, M

We will review normal vital sign parameters, their normal applications and limitations, but then explore how you can use them beyond their traditional usage. What is pulses paradoxus? What are "orthostatics"? Are you familiar with PaO2 and how it oxygenates cells differently than SaO2? Come and gain a better understanding of how to use vital signs to paint a more thorough picture of patient status.

Trauma to the Groin- Jamie Temple

EMS 1 CEH - T

That's right. A rare opportunity to attend a class devoted to maybe the most unfortunate injuries of all...Trauma to the Groin! This topic will focus on recognition, assessment, and situation management. This presentation will give you a big picture view of injuries to the groin and pelvis. There will be plenty of case studies, discussion, and of course, video. Who knows, this may be what it takes to turn the most grizzled provider into "Captain Compassion"!

CCP - Beyond the STEMI: EKG Clues to Failing Physiology- Bryon Bellinger

EMS 1 CEH – C, M (Qualifies for CCP)

What can an EKG be used for other than identification of STEMI? In this session we will identify key EKG findings associated with non-ACS critical illness. Learn to correlate electrical changes with underlying physiologic and hemodynamic mechanisms and then apply these findings to transport priorities — fluid, pressor, and ventilatory management. You will be able to recognize when “abnormal” EKG findings signal impending collapse rather than infarction.

Still short on EMS continuing hours to renew? Take advantage of IHCC's 27/7 EMS Online program!

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**Course Number:
EMS 1080**

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