Learning Style Inventory

Directions: The following inventory is a short, quick way to help you understand your and your children’s learning styles. Respond to each item as honestly as you can. Place a check on the appropriate line after each item.

1. Can remember more about a subject through the lecture method with information, explanations, and discussion. Often Sometimes Seldom
2. Prefer information to be written on the chalkboard, with the use of visual aids and assigned readings. Often Sometimes Seldom
3. Like to write things down or to take notes for visual review. Often Sometimes Seldom
4. Prefer to use posters, models, or actual practice and some activities in class. Often Sometimes Seldom
5. Require explanations of diagrams, graphs, or visual directions. Often Sometimes Seldom
6. Enjoy working with my hands or making things. Often Sometimes Seldom
7. Am skillful with and enjoy developing and making graphs and charts. Often Sometimes Seldom
8. Can tell if sounds match when presented with pairs of sounds. Often Sometimes Seldom
9. Remember best by writing things down several times. Often Sometimes Seldom
10. Can understand and follow directions on maps. Often Sometimes Seldom
11. Do better at academic subjects by listening to lectures and tapes. Often Sometimes Seldom
12. Play with coins or keys in pockets. Often Sometimes Seldom
13. Learn to spell better by repeating the words out loud than by writing the words on paper. Often Sometimes Seldom
14. Can understand a news article better by reading it in the paper than by listening to the radio. Often Sometimes Seldom
15. Chew gum, smoke, or snack during studies. Often Sometimes Seldom
16. Feel the best way to remember is to picture it in your head. Often Sometimes Seldom
17. Learn spelling by “finger spelling” words.

18. Would rather listen to a good lecture or speech than read about the same material in a textbook.

19. Am good at working and solving jigsaw puzzles and mazes.

20. Grip objects in hands during learning period.

21. Prefer listening to the news on the radio rather than reading about it in the newspaper.

22. Obtain information on an interesting subject by reading relevant materials.

23. Feel very comfortable touching others, hugging, handshaking, etc.

24. Follow oral directions better than written ones.

<table>
<thead>
<tr>
<th></th>
<th>VISUAL</th>
<th>AUDITORY</th>
<th>TACTILE</th>
</tr>
</thead>
<tbody>
<tr>
<td>#</td>
<td># PTS.</td>
<td>#</td>
<td># PTS.</td>
</tr>
<tr>
<td>2</td>
<td></td>
<td>1</td>
<td>4</td>
</tr>
<tr>
<td>3</td>
<td>5</td>
<td>6</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>8</td>
<td>9</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>11</td>
<td>12</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>13</td>
<td>15</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>18</td>
<td>17</td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>21</td>
<td>20</td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>24</td>
<td>23</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>Total</td>
<td>Total</td>
</tr>
</tbody>
</table>

Scoring Procedures

Directions: If you checked often next to a question, it equals 5 points; sometimes equals 3 points; and seldom equals 1 point. Look at the 3 columns (Visual, Auditory, Tactile). Question #2 is under visual. Look at your response to question #2. If you checked often, write 5; if you checked sometimes, write 3; if you checked seldom, write 1. Do the same for the rest of the numbers in the columns. Be careful. They are not in order. Once you have completed recording the score, add the points in each column to obtain your preferred learning style.

If you are a visual learner, then by all means be sure that you look at all study materials. Use charts, maps, filmstrips, notes, and flashcards. Practice visualizing or picturing words/concepts in your head. Write out everything for frequent and quick visual review.

If you are an auditory learner, you may wish to use tapes. Tape lectures to help you fill in the gaps in your notes. But do listen and take notes, reviewing notes frequently. Sit in the lecture hall or classroom where you can hear well. After you have read something, summarize it, and recite it aloud.

If you are a tactile learner, trace words as you are saying them. Facts that must be learned should be written several times. Keep a supply of scratch paper for this purpose. Taking and keeping lecture notes will be very important. Make study sheets.