**Strong Interest Inventory Assessment**

In this exercise, you will complete your online Strong Interest Inventory. Follow the detailed instructions below. Read all on-screen instructions before making your selections. Instructions for interpreting your results can be found at the end of this document.

**Take this assessment ONE TIME ONLY!**

1) Go to [https://online.cpp.com](https://online.cpp.com)
2) Enter the following information:
   - Login: support
   - Password: services
   - User ID: (Leave empty)
3) Click on LOGIN.

(If you are prompted with “This website wants to run the following add-on: ‘Name ActiveX Control’ from Microsoft Corporation’. If you trust the website and the add-on and want to allow it to run, click here…”, click on the message and select Run Add-on. Click Run and the screen will refresh. You will then need to enter the login information again.)

4) On the next screen, locate and click on BEGIN to the right of the list item: **Strong Interest Inventory**
5) On the next screen, complete the **First Name, Last Name**, and **Gender fields**. Then, scroll down and enter the email address you want your results sent to. Next, scroll to the bottom of the page and click **CONTINUE**.
6) You may skip this page of questions by scrolling to the bottom of the page, and clicking on **CONTINUE**.
7) Read the **Instructions** and click **CONTINUE**.
8) Read all **Instructions** appearing on the page before making your Inventory selections. At the bottom of each page, click on **CONTINUE** until the screen indicates that you are **DONE**. Then click **DONE**.
9) On the next screen, be sure to write down **Your User ID** that appears. You will need your ID if you return to the site.

Make sure and contact me if you have any questions. When finished, return to the Activities area of the Learning Unit in MyHills and submit your completion message as indicated for this exercise. Your results will then be forwarded to the email address you provided. See the Course Schedule for specific due dates. **Remember: take this assessment ONE TIME ONLY!**

**Interpreting Your Strong Results**

- On page 2 of your results, you will see a chart summarizing the Holland Codes. At the bottom of the page, a bar graph summarizes your results according to the Holland Codes. The longer the
bar, the higher your interest for that category. If several of your bars are similar in length, it could be that there isn’t one main area that is extremely high. That can explain why it may be challenging to make a career decision. The top three words listed, however, are considered to be your top Holland codes.

- On page 3, take note of the areas listed in the box titled “Your Top Five Interest Areas.” On the bar graphs below, the longer the bar the higher the interest for that career field.
- On page 4, you will notice a list named Your Top Ten Strong Occupations. This means you have interests similar to individuals satisfied in the listed careers.
- Pages 5, 6, and 7 display bar graphs which further indicate the similarity of your interests to individuals in these fields.
- On page 8, you will find a summary of Your Personal Style Scales Preferences. Take note, however, if your “diamond” on the actual chart is located in the midrange, this indicates that you are often flexible between the comment on the left and the comment on the right.