Discussion

Directions:
Your instructor will assign you certain questions to answer. You will need to make an initial post with your answers. Then, you will be able to interact with your peers to answer the remaining questions.

1. Define the first area of focus when beginning to plan nutritional care, and then discuss additional considerations a healthcare team utilizes in planning nutritional care.
2. Define the nursing role in planning nutritional care, and define the “nursing diagnosis.”
3. Discuss important information gathered in the nutritional assessment.
4. Discuss methods of determining nutritional status.
5. Define “anthropometric measure.”
6. Discuss the rationale for obtaining laboratory tests, the different tests you expect to see completed, and the information those tests yield.
7. Discuss clinical signs (observations) you would expect to see in a malnourished client.
8. Define the difference between enteral and parenteral feedings and the limitations each bring in receiving optimal nutrition.
9. Define a clear liquid, a full liquid diet, and a pureed diet.
10. Define the appropriate method for completing daily weights.
11. Discuss the risk in food/drink aspiration, and situations that influence this possibility.
12. Define diverticulosis; diverticulitis.
14. Discuss nutritional education given to patients diagnosed with peptic ulcer disease, irritable bowel syndrome, and Crohn’s disease.
15. Discuss signs of lactose intolerance and recommendations to clients.
16. Discuss common characteristics of celiac disease.
17. Discuss common characteristics and expected nutritional therapy for hepatitis, cirrhosis, hepatic encephalopathy, and cystic fibrosis.
18. Know where bile is produced, and discuss the primary function of the gallbladder.
19. Define cholelithiasis, common symptoms, and treatment associated with this disease process.
20. Define the benefit of an elemental formula.