**Exploration Exercise Paper: Instructions**

Each week you will be responsible for exploring a disease or condition of your choice that relates to the current unit. You first submission will be in Learning Unit 2.

You are required to utilize the Indian Hills Community College, subscription database through the Learning Resource Center online.

Please follow these important directions on how to access the databases:

- Go to [www.indianhills.edu](http://www.indianhills.edu)
- Scroll down to the bottom of the page and select **Library**
- On the left hand side select **Library Databases**
• Scroll down and then select **EBSCO Periodical Index**
• This will bring you to the EBSCO host page where you will select **Nursing & Health**
Then you will be able to select from three possible databases for your research (CINAHL, Health Source: Nursing/Academic Edition, Health Source-Consumer Edition).

You will be required to attach all PDF articles that you referenced in databases for your paper. The EBSCO database is the only acceptable resource for your weekly exploration papers.

Please make sure to follow these paper requirements:

- A single page typed document of 400 to 500 words, single spaced, and no larger than 12 point font.
- Include your name, course name, course number and section number, and date of paper submission on the top right hand corner of the page.

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