Discussion Forum: Case Study

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Review the case study information provided here to identify genogram symbols, family developmental stage, learning domains, and family learning objectives.

You are the community based nurse assigned to work with a 10 year old client. This is the information that you have gathered to create a genogram of the family:

THE CLIENT: Sam is a 10 year old male who has recently been diagnosed with Type I Diabetes Mellitus. He lives at home with his mother, Mary, and his siblings: a 3 year old sister (Toni) and a 1 year old brother (Stevie). Sam attends public school and is in the fifth grade. He has had no behavioral problems at school and is an average student. He plays baseball and has one best friend in his classroom who lives next door. His favorite foods are pizza and ice cream.

THE CARETAKER: Mary, the mother, is 30 years of age and has been divorced from the father of her children for one year. A nursing student babysits so that Mary can work 20 hours a week at a retail store on weekends, and attend night classes 2 evenings a week at the local community college. Mary has no siblings and both of her parents died before the age of 60 from heart or kidney failure related to diabetic complications. Mary has asthma that is well controlled on medication. She does not provide much information on her ex-husband except that he is an alcoholic and has hypertension, and he never discussed his family history. He does not pay child support and she has no contact with him since before the divorce. Overall, Mary states that the children are healthy, they are all up to date on their immunizations, but Sam being diagnosed with diabetes has created family stress because he doesn’t understand why he has to take insulin and watch what he eats. Medical care is provided by the community health center family practice group.

Sketch a quick genogram of this family for self-analysis and then answer these questions:

1. Identify one nursing diagnosis that is a priority for Sam.
2. Based upon this nursing diagnosis chosen, write one learning objective for each domain of learning (cognitive, affective, psychomotor) that would be appropriate.
   a. Identify one intervention for each learning objective that would be effective to help Sam understand the diagnosis of Diabetes based upon developmental stage.