

Ebola Outbreak is on our Radar

We take the health of the Indian Hills community seriously. The current outbreak of Ebola Hemorrhagic Fever in the western African countries of Guinea, Liberia, Sierra Leone and Nigeria has our attention.

While the risk of an Ebola case on our campuses and in our area remains extremely low, our staff at Student Health & Wellness and local health officials are closely monitoring the situation and the daily updates from the Centers for Disease Control and Prevention (CDC) and the World Health Organization. Contingency plans are in place for anyone who may have traveled to affected countries who develops symptoms of this serious illness.

Please report the following:

- History of travel to countries where Ebola outbreaks are occurring within the past 21 days.
- Contact with anyone who resides or has traveled from an outbreak area in the past 21 days ([see here](#)).
- If you have had these contacts **and** develop symptoms such as fever (>100.4 F or 38 C), headaches, body aches, weakness, diarrhea, red eyes, rash, cough, or bleeding
 - DO NOT COME TO STUDENT HEALTH & WELLNESS, OTTUMWA REGIONAL or ANY OTHER CLINIC or HOSPITAL. You will be advised where to go after you call a number below.

Where to report:

- Indian Hills Student Health and Wellness (641) 683-5335 or (641) 683-5336
- Wapello County Public Health (641) 682-5434
- Ottumwa Regional Emergency (641) 682-7511 (ask to speak to triage)

For more information on Ebola, please visit:

- [Iowa Department of Public Health](#)
- [Centers for Disease Control and Prevention](#)

When a report is made to Indian Hills Community College:

- Persons reporting travel in the previous 21 days to an Ebola affected area will be given individualized Ebola risk assessment to determine level of risk exposure (high, low or no known risk exposure).
 - Any individual who reports travel to an Ebola affected area in the past 21 days will receive counseling and be advised to monitor their temperature (twice daily) during the incubation period (21 days from date of travel).
 - Any individual determined to have known Ebola exposure will be reported to county and state Public Health Officials.

- Persons who have contact with anyone who resides or has traveled from an outbreak area in the past 21 days will be given individualized Ebola risk assessment to determine level of risk exposure (high, low or no known risk exposure).
 - Any individual determined to have known Ebola exposure will be reported to county and state Public Health Officials.

- Persons reporting Ebola-like symptoms will be assisted with a referral to a local health center. In addition, Student Health and Wellness will report potential infectious individuals to county and state Public Health Officials.