

Weekly Menus: April 23–26, 2018

The Hills Diner – Ottumwa Campus

Monday, April 23**Breakfast**

Cheese Omelet, Bacon
 Fried Potatoes, Biscuits & Gravy
 Mixed Fruit, Yogurt
 Waffles

Lunch

Salmon Filet
 Roasted Potatoes w/Vegetables
 Pasta Bar
 Salad Bar

Dinner: Swiss Steak

Tuesday, April 24**Breakfast**

Scrambled Eggs, Sausage Links
 Cheesy Hash Browns, French Toast
 Steel-Cut Oatmeal, Grapefruit
 Muffin

Lunch

Country Fried Steak
 Mashed Potatoes
 Baked Potato Bar
 Salad Bar

Dinner: Chicken Parmesan

Wednesday, April 25**Breakfast**

Omelet Station, Ham or Bacon
 Hash Browns w/Quinoa, Mixed Fruit
 Creamed Chipped Beef, Waffles
 Yogurt

Lunch

Baked Ham
 Au Gratin Potatoes
 Wings & Things
 Salad Bar

Dinner: Enchiladas

Thursday, April 26**Breakfast**

Croissant w/Egg, Ham & Cheese
 Scrambled Eggs, Bacon
 Steel-Cut Oatmeal, Yogurt

Lunch

Potato Crusted Cod
 Garden Blend Rice
 Oriental Bar
 Salad Bar

Dinner: Patty Melts

Warrior Junction – Ottumwa Campus (Advanced Technology Center)

Monday, April 23

Lunch:

Fish/Shrimp

Tuesday, April 24

Lunch:

Cheeseburgers

Wednesday, April 25

Lunch:

Pizza & Wings

Thursday, April 26

Lunch:

Tacos/Taco Bowls

Transportation Center Cafeteria – North Campus

Monday, April 23

Lunch:

Tenderloins

Tuesday, April 24

Lunch:

Chinese

Wednesday, April 25

Lunch:

Beef & Noodles

Thursday, April 26

Lunch:

Ravioli

The Barn – Centerville Campus

Monday, April 23

Breakfast

Omelet, Fruit
Rolls, Cereal, Waffles

Lunch

Chicken Drumsticks
Macaroni & Cheese
Salad Bar

Dinner: Tator Tot Casserole or Chicken Salad Croissant

Tuesday, April 24

Breakfast

Biscuit & Gravy, Fruit
Rolls, Cereal, Waffles

Lunch

Chicken Strip & Bacon Wraps
Rice
Salad Bar

Dinner: BBQ Riblet, Au Gratin Potatoes or Lasagna & Garlic Bread

Wednesday, April 25

Breakfast

Sausage, Egg, & Cheese on Biscuit
Fruit, Rolls, Cereal, Waffles
Salad Bar
Roll

Lunch

Tenderloin
Mozzarella Stick
Salad Bar

Dinner: Orange Chicken, Rice, Egg Rolls & Crab Rangoon

Thursday, April 26

Breakfast

Pancakes
Fruit, Rolls, Cereal
Waffles
Roll

Lunch

Melis Cuisine
Salad Bar

Dinner: Corn Dog or Pizza Burger w/Nachos & Cheese or French Fries