

Weekly Menus: October 9 – October 12, 2017

The Hills Diner – Ottumwa Campus

Monday, October 9

Lunch:	Breakfast	Lunch
	Cheese Omelet, Bacon	Roasted Chicken Quarters
	Fried Potatoes, Biscuits & Gravy	Garlic Mashed Potatoes
	Mixed Fruit, Yogurt	Pasta Bar
	Waffles, and Cinnamon Rolls	Salad Bar
Dinner:	Chicken Stir Fry	

Tuesday, October 10

Lunch:	Breakfast	Lunch
	Scrambled Eggs, Sausage Links	Cajun Pork Loin
	Cheesy Hash Browns, French Toast	Roasted Potatoes
	Steel-Cut Oatmeal, Grapefruit, Muffin	Baked Potato Bar
		Salad Bar
Dinner:	Beef 'n Noodles	

Wednesday, October 11

Lunch:	Breakfast	Lunch
	Omelet Station, Ham or Bacon	Spaghetti
	Hash Browns w/Quinoa, Mixed Fruit	Garlic Bread
	Creamed Chipped Beef, Waffles	Wings & Things
	Yogurt, & Cinnamon Rolls	Salad Bar
Dinner:	Chicken Alfredo	

Thursday, October 12

Lunch:	Breakfast	Lunch
	Croissant w/Egg, Ham, & Cheese	Salmon Filet
	Egg Casserole, Bacon, Cantaloupe	Garden Blend Rice
	Steel-Cut Oatmeal, Yogurt, & Donuts	Oriental Bar
		Salad Bar
Dinner:	Patty Melts	

Warrior Junction – Ottumwa Campus (Advanced Technology Center)

Monday, October 9

Lunch:

Salisbury Steak

Tuesday, October 10

Lunch:

Double Cheeseburgers

Wednesday, October 11

Lunch:

Pizza & Wings

Thursday, October 12

Lunch:

Lasagna

Transportation Center Cafeteria – North Campus

Monday, October 9

Lunch:

Breaded Pork Loin Sandwich

Tuesday, October 10

Lunch:

Beef 'n Noodles

Wednesday, October 11

Lunch:

Lasagna

Thursday, October 12

Lunch:

Philly Cheese Steak

The Barn – Centerville Campus**Monday, October 9**

Lunch:	Breakfast	Lunch
	French Toast	Double Cheeseburger
	Fruit, Rolls, Cereal	French Fries
	Bagels, Toast, Oatmeal	Salad Bar

Dinner: Country Bowl or Hot Panini

Tuesday, October 10

Lunch:	Breakfast	Lunch
	Breakfast Burrito	Pork Roast
	Fruit, Rolls, Cereal	Au Gratin Potatoes
	Bagels, Toast, or Oatmeal	Salad Bar

Dinner: Spaghetti, Green Beans, and Breadstick or Steak Fajitas

Wednesday, October 11

Lunch:	Breakfast	Lunch
	Sausage, Egg, & Cheese Biscuit	Chicken Patty
	Fruit, Cereal, Bagels,	Onion Rings or Fries
	Oatmeal, & Roll	Salad Bar

Dinner: Ham & Cheese Stromboli

Thursday, October 12

Lunch:	Breakfast	Lunch
	Breakfast Pizza	Chicken Alfredo
	Fruit, Cereal, Bagels	Steamed Broccoli
	Oatmeal, & Toast	Salad Bar

Dinner: Sweet Meatballs with Scalloped Potatoes