**Program Title**: Topics in Rehab: Considerations for the Hispanic Rehab Patient

**Course Number**: 15/YR REL 4033 710

**Intended Audience**: Physical Therapists, Occupational Therapists, PTAs, OTAs, Nurses

**Sponsor**: Rural Health Education Partnership at Indian Hills Community College

**Program Purpose**: Participants in this program will learn common phrases and terms Spanish used by the rehab professional when treating a Spanish speaking patient. Cultural considerations for the Hispanic patient will be examined as well.

**Faculty**: Franklin Ruiz, Spanish Interpreter

**Program Objectives**: Upon completion of the program the participant will be able to:

1. Translate common rehab terminology and phrases into Spanish
2. Understand cultural difference of the Hispanic patient as they apply to healthcare and rehab situations

The following will be awarded with 100% attendance:

- 3.0 Contact Hours for nursing approved by Iowa Board of Nursing, Provider #12
- 3.0 CEH’s for Physical/Occupational Therapy

**Start Date/End Date**: Tuesday, February 17, 2015

**Location**: Room 108, Rural Health Education Center, Indian Hills Community College, Ottumwa Campus

**Sign-in Time**: 5:30 pm

**Program Time**: 6:00 pm - 9:00 pm

**Cost**: $30.00 includes tuition, handouts and light snack

**Register By**: One week prior to class

**Registration Procedure**: Beckie Appleget at 641-683-5281 or Rebecca.appleget@indianhills.edu

**Contact Information**: Diana Harness, 641-683-5205 or Diana.harness@indianhills.edu

**Refund Policy**: No refunds will be issued for cancellation less than 3 days prior to an event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the full course fee.

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**Non-Discrimination Statement**: It is the policy of Indian Hills Community College to provide equal educational and employment opportunities and not to illegally discriminate on the basis of age, race, creed, color, sex, sexual orientation, gender identity, marital status, national origin, religion, genetic information or disability in its educational programs, activities or its employment and personnel policies. It is the further policy of Indian Hills Community College that no retaliatory action shall be taken against any person exercising their rights as an employee or student irrespective of the outcome of any procedure instituted hereunder. Inquiries or grievances related to this policy may be directed to Bonnie Campbell, Director of Human Resources/Equal Opportunity Coordinator, 525 Grandview, Ottumwa, IA 52501, 641-683-5108; or the Director of the Iowa Civil Rights Commission in Des Moines; the Director of the Region VII Office of the United States Equal Employment Opportunity Commission or the Director of the Region VII Office of Civil Rights, United States Department of Education in Kansas City, Missouri. Individuals with disabilities who require accommodations or special services should contact IICC Disability Services for assistance. Services are available to students who need classroom accommodations, interpreters, and/or specialized equipment. Students enrolling in credit programs should make their requests for accommodations at the time they are applying for admission and preferably, no later than six weeks prior to the beginning of each academic term. All student requests are dealt with in a confidential manner. Students should contact the Ottumwa Disabilities Center by calling 641-683-5749. Centerville students should contact the Academic SUCCESS Center at 641-856-2143, ext. 2214 or email disabilities@indianhills.edu.
<table>
<thead>
<tr>
<th><strong>Program Title</strong></th>
<th>Cervical/Neck/Upper Thoracic Specifics with Mario Castro</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Course Number</strong></td>
<td>15/YR REL 4033 704</td>
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<tr>
<td><strong>Intended Audience</strong></td>
<td>Nurses, Massage Therapy, Physical Therapists</td>
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<tr>
<td><strong>Sponsors</strong></td>
<td>Indian Hills Community College in cooperation with Carlson College of Massage Therapy</td>
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<tr>
<td><strong>Program Purpose</strong></td>
<td>To increase the participants knowledge in regards to hands on skills encompassing the cervical neck and upper thoracic area.</td>
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<tr>
<td><strong>Faculty</strong></td>
<td>Mario Castro</td>
</tr>
<tr>
<td><strong>Program Objectives</strong></td>
<td>Upon completion of this program, the participant will be able to:</td>
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<tr>
<td></td>
<td>1. Identify structure of the Cervical/neck and upper thoracic</td>
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<td></td>
<td>2. Identify muscles involved in soft tissue cervical/neck dysfunction</td>
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<td></td>
<td>3. Stretch the cervical/neck and upper thoracic muscles</td>
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<td></td>
<td>4. Address each muscle with neuromuscular techniques</td>
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<td></td>
<td>5. Incorporate clinical reasoning skills with muscle testing</td>
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<tr>
<td><strong>Credit</strong></td>
<td>Continuing Education will be awarded to the following with 100% attendance:</td>
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<tr>
<td></td>
<td>* 12 Contact hours for Nursing by Iowa Board of Nursing, Provider #12</td>
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<tr>
<td></td>
<td>* 12 CEH's for Massage Therapy</td>
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<tr>
<td></td>
<td>* 12 CEH's for Physical/Occupational Therapy</td>
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<tr>
<td><strong>Start Date</strong></td>
<td>Friday, April 17, 2015</td>
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<tr>
<td><strong>End Date</strong></td>
<td>Saturday, April 18, 2015</td>
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<tr>
<td><strong>Location</strong></td>
<td>Indian Hills Community College-Rural Health Education Center-Room 15 (PT LAB)</td>
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<tr>
<td><strong>Sign-in Time</strong></td>
<td>15 minutes prior to start of class</td>
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<tr>
<td><strong>Program Time</strong></td>
<td>5:30 pm– 9:30 pm Friday; 9:00 am-6:00 pm Saturday</td>
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<tr>
<td><strong>Cost</strong></td>
<td>$215.00</td>
</tr>
<tr>
<td><strong>Register By</strong></td>
<td>April 1, 2015</td>
</tr>
</tbody>
</table>
| **Registration Procedure** | Rebecca Appleget 641-683-5281  
rebecca.appleget@indianhills.edu |
| **Cancellation Procedure** | Rebecca Appleget 641-683-5281  
rebecca.appleget@indianhills.edu |
| **Contact Information**| Diana Harness 641-683-5205  
diana.harness@indianhills.edu |
| **Refund Policy**      | No refunds will be issued for cancellation less than 3 days prior to an event.               |
|                        | Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the full course fee. |

This program is subject to cancellation if minimum enrollment is not met by registration deadline.

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Disability Services/Accommodations: Individuals with disabilities who require accommodations or special services should contact IHCC Disability Services for assistance. Services are available to students who need classroom accommodations, interpreters, and/or specialized equipment. Students enrolling in credit programs should make their requests for accommodations at the time they are applying for admission and preferably, no later than six weeks prior to the beginning of each academic term. All student requests are dealt with in a confidential manner. Students should contact the Ottumwa Disabilities Center by calling 641-683-5749. Centerville students should contact the Academic SUCCESS Center at 641-856-2143, ext. 2214 or email disabilitieservices@indianhills.edu.
Health Care Continuing Education Program
Rural Health Education Partnership

Program Title: Antisocial Personality Disorder (ASPD): Assessment & Criteria Clearly Defined, Treatment—Not So Much

Course Number: 15/YR REL 4097 712

Intended Audience: Nurses, EMS Providers, Social Work, Respiratory Therapists, PTs, OTs, PTA and OTA, Residential Care Administrators, Department Heads in Long Term Care, Direct Care Staff, other interested health care professionals

Sponsor: The Rural Health Education Partnership at Indian Hills Community College

Program Purpose: Antisocial Personality Disorder (ASPD) has been described as "a pattern of recurrent antisocial, delinquent or criminal behavior that starts in childhood, or early adolescence, and is manifested by disturbances in many areas of life: family relations, schooling, work, military service, and marriage" (Goodwin and Guze, Psychiatric Diagnosis, 1989). This workshop is designed to help those in the helping professions and in correctional settings gain a wider understanding of the disorder and general management strategies that show the potential to help at least some individuals with ASPD.

Faculty: Nancee Blum, MSW, LlISW, Department of Psychiatry at the University of Iowa Carver College of Medicine. Nancee is a consultant to the Iowa Department of Corrections to implement the STEPPS program, (Systems Training for Emotional Predictability and Problem Solving) in the Iowa prisons and community corrections. Although this was developed for the treatment of Borderline Personality Disorder, positive outcomes have been reported in offenders who have traits of Antisocial Personality Disorder.

Program Objectives: Upon completion of the program the participant will be able to:
- Describe the evolution of the diagnosis of ASPD and descriptive terms (sociopathy, psychopathy)
- Understand theoretical models
- Discuss risk factors for ASPD
- State management strategies for ASPD
- Describe potentially helpful treatments for adults with ASPD
- Describe a treatment for aggressive juveniles in a Connecticut correctional setting

The following will be awarded with 100% attendance:
- 3.0 Contact hours for nursing approved by Iowa Board of Nursing, Provider #12
- 3.0 CEH's for all levels of EMS by Provider # 1500
- 3.0 CEH's for Social Work Continuing Education
- 3.0 CEH's for Nursing Home Administrators approved by Iowa State Board of Examiners for Nursing Home Administrators
- 3.0 Contact hours approved by the IDPH for Department Heads in Long Term Care
- 3.0 Contact hours approved by the IDPH for Residential Care Administrators
- 3.0 CEH's for Respiratory Therapists
- 3.0 CEH's for Physical/Occupational Therapy

EMS Number: 15-1500-004 FE

Start Date/End Date: Friday, May 8, 2015

Location: Room 108, Rural Health Education Center, Indian Hills Community College, Ottumwa Campus

Sign-in Time: 12:30 pm

Program Time: 1:00 pm-4:00 pm

Cost: $45.00 includes tuition and handouts

Register By: Thursday, April 23, 2015

Registration Procedure: Beckie Appleget @ 641-683-5281 or Rebecca.appleget@indianhills.edu

Contact Information: Sandy Berto, R.N., at 641-683-5183 or sandy.berto@indianhills.edu

Refund Policy: No refunds will be issued for cancellation less than 3 days prior to an event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the full course fee.

Department Chair Health Sciences, Rural Health Education Program Director: Lori Reeves lreeves@indianhills.edu

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