REGISTRATION FORM
FOR

Warrior Mile

Sponsored by

COMMUNITY 1ST CREDIT UNION™

PLEASE PRINT & FILL IN ALL BLANKS

Name: _____

Grade: _____

School: _____

T-Shirts:

Kids: S ___ M ___ L ___

Adult: S ___ M ___ L ___ XL ___

Please return completed registration to your Physical Education teacher by Sept. 21st.

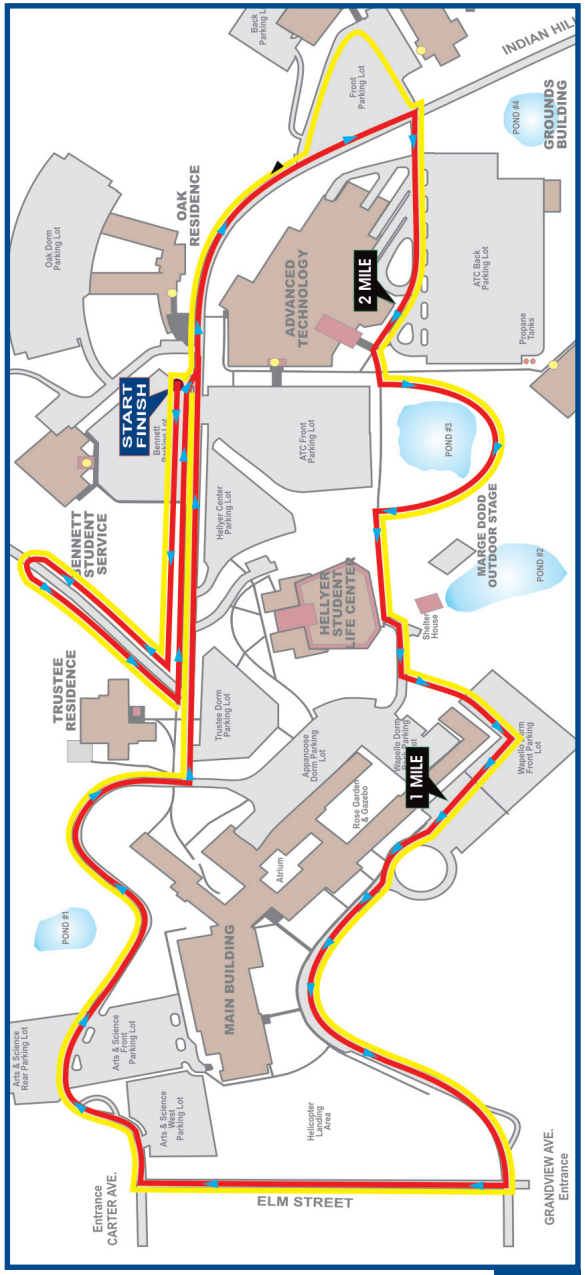
For additional information, contact Jim Streeby at (641) 680-5684 or at jim.streeby@indianhills.edu.

RELEASE

Waiver: "I know that I should not enter and run/walk in the Indian Hills Scholarship 5K Run unless I am medically able and properly trained. All risks associated with running/walking in the Indian Hills Scholarship 5K Run including but not limited to: falls; contact with other participants; effects of the weather; traffic; road conditions are known and appreciated by me.

I agree to abide by any decision of a race official relative to my ability to safely complete the Indian Hills Scholarship 5K Run. I grant permission to use any photograph, motion picture, recordings, or any other record of the Indian Hills Scholarship 5K Run for any legitimate purpose.

Having read this waiver, knowing these facts, and in consideration of your accepting my application and non-refundable fee, I, for myself and anyone entitled to act on my behalf, waive and release Indian Hills Community College, its directors, officers, employees, agents, assigns, volunteers and all sponsors, supporters, officials and volunteers associated with the Indian Hills Scholarship 5K Run, their representatives and successors, from any and all rights, claims, demands and actions of any and every nature whatsoever that I may have, for any and all loss, damage, or injuries sustained by me, before, during and after the Indian Hills Scholarship 5K Run, including travel to and from the race."



5K ROUTE

2-MILE ROUTE

2012 HOMECOMING SCHOLARSHIP RUN

WEDNESDAY
OCTOBER 3, 2012

Sponsored by:

GOLD

Dr. Mark Altfillisch
Blackwell Tire LLC
Clemons Inc of Ottumwa
Community 1st Credit Union
Community First Bank-Keosauqua
Hy-Vee
Reed Overhead Door
Turner Concrete Construction Inc

SILVER

Alliant Energy
DJ Skinny DJ Service
Elliott Oil Co/Godfather's Pizza
Gillespie Dental
Krafka Law Office
NOEL Insurance, Inc
South Side Drug

2012 Homecoming Scholarhip Run

This event is designed to raise money for the IHCC Scholarship Fund, as well as promote health and wellness. The course is located on the beautiful Indian Hills Campus and is very spectator friendly. The race starts and finishes at the Bennett Student Services parking lot entrance.

Date:

Wednesday, October 3, 2012
Starting at 5:30 p.m.

Location:

On the beautiful Indian Hills Main Campus near the Hellyer Student Life Center, Ottumwa, Iowa

Entry Category:

5K Run

The 5K race starts with a 0.4 mile loop out and back then continues with two 1.35 mile loops through the IHCC campus. These loops run clockwise. See map.

2-Mile Walk

The 2-mile walk follows the same route as the 5K race with the addition of a 0.25 mile loop in the Rural Health Building parking lot. See map.
Note: *Walkers please stay to left side on narrow sidewalks so runners can get pass on right.*

Warrior Mile

Grades 6-8 will run Warrior Mile at 5:30 p.m.
Grades 3-5 will run Warrior Mile at 5:45 p.m.
Pre-registration Required to receive a t-shirt
Registration form on the back of this flyer
Awards presented to 1st male & female in each grade at each local Ottumwa school.

Warrior Run

Ages 7 and under will run 0.25 mile at 6 p.m.
No Pre-registration Required, no t-shirt provided

5K Run Awards:

1st Male/Female - $25 Gift Certificate

5K Run Categories:

Age Groups and Male/Female:

14 and under	15-18	19-29	30-39
40-49	50-59	60-69 (2)	70+(1)

Event Schedule:

4:30 - 6 p.m.	Packet Pickup
5:30 p.m.	Warrior Mile (Grades 6-8)
5:45 p.m.	Warrior Mile (Grades 3-5)
6:00 p.m.	Warrior Run (Kids 7 & under)
6:30 p.m.	5K Run/2-Mile Walk
7:30 p.m.	Awards

Packets:

If you would like your race packet Monday or Tuesday prior to race day or have questions, call (641) 680-5684 or email jim.streeby@indianhills.edu.

REGISTRATION FORM FOR

5K Race/2-Mile Walk

PLEASE PRINT & FILL IN ALL BLANKS

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Birth Date: _____ Age: ____

Phone: _____

Email: _____

Entry Division (Check Only One):

___ **5-K Run** Sex: Female ___ Male ___

___ 14 and under	___ 40-49
___ 15-18	___ 50-59
___ 19-29	___ 60-69
___ 30-39	___ 70 and over

___ **2-Mile Walk**

T-Shirts:
Adult Shirt Size: S ___ M ___ L ___ XL ___ XXL ___

Entry Fee:
___ $20.00 Postmarked by Sept. 21st
___ $25.00 After Sept. 21st

I have read and I understand the waiver on the reverse side of this form.
Race Applicant Signature: (or parent's signature if under 18)

_____

Date _____

Make check payable & mail to:
Indian Hills Scholarship Run, c/o Jim Streeby
608 Indian Hills Dr., Ottumwa, IA 52501