

INDIAN HILLS COMMUNITY COLLEGE
UPWARD BOUND



WHAT IS UPWARD BOUND:

Upward bound is a federally funded educational program designed to provide participants with opportunities to succeed in high school and obtain a college degree. Upward Bound provides students with academic, cultural, and social activities intended to build skills, motivation, and self-confidence. Upward Bound is comprised of two components: the academic year and a six-week summer session.

During the academic year, students will meet with their Upward Bound Academic Advisor on a weekly basis to receive services and participate in activities such as tutoring, academic skill development, career exploration, and college preparation. Students will also participate in Saturday Seminar sessions which will occur one Saturday each month and be utilized for college visits, cultural events, and field trips.

Throughout a six-week summer session, participants will be immersed in the college experience. Upward Bound participants will reside on the Indian Hills Ottumwa campus, attend classes, and participate in various on-campus activities. Upward Bound's summer session not only exposes participants to the fun and challenges of the college experience but also offers students the chance to gain a sense of independence and insight into their own future college experience. The summer session will conclude with a five-day trip to Indianapolis, IN, where the Upward Bound staff and students will experience the educational and cultural amenities Indianapolis offers.

WHO DOES UPWARD BOUND SERVE:

Upward Bound is designed to serve high school students that meet income guidelines and are from families in which neither parent holds a bachelor's degree. Eligible participants of the Indian Hills Community College Upward Bound program will be selected from grades 9-11 in both the Ottumwa and Centerville Community School Districts. These participants must demonstrate a need and desire for academic support, as well as the motivation to be successful in their pursuit of higher education.

WHAT DOES UPWARD BOUND COST:

The Indian Hills Community College Upward Bound program is FREE to all selected participants. Upward Bound was created in 1965 as part of the Higher Education Act and is fully funded by the U.S. Department of Education. With active participation and meeting all expectations of the program, student participants will have the opportunity to earn a monthly stipend of up to \$30 each month during the school year and up to \$60 each month during the summer, as a financial benefit to them.

WHAT IS EXPECTED OF STUDENTS:

Upon being selected to participate in Upward Bound, student participants will review and sign a commitment agreement. Parents should also review the student commitment agreement and be aware that students are expected to uphold this commitment throughout the duration of the program. Student participants will be expected to:

- Attend all high school classes, labs, and course discussions.
- Attend all weekly Upward Bound meetings, workshops, activities, and Saturday Seminars.
- Maintain a quarterly GPA of 2.5 or higher on a 4.0 scale.

- Attend the Upward Bound Summer Session (conflicts will be addressed on a case-by-case basis).
- Demonstrate appropriate conduct during all Upward Bound events and activities.

WHAT IS EXPECTED OF PARENTS:

Upon the acceptance of students into Upward Bound, parents will also review and sign a commitment agreement of their own. Parents will be expected to uphold this commitment throughout the duration of the program. Parents of student participants will be expected to:

- Provide consent for their child to participate in Upward Bound.
- Support and facilitate their child's involvement in Upward Bound.
- Attend scheduled parent meetings and workshops organized by Upward Bound staff (when possible).
- Maintain open communication with Upward Bound staff regarding their child.

NEXT STEPS:

If your child is interested in becoming a participant in the Indian Hills Community College Upward Bound program, we ask that you fill out the enclosed application completely in order to begin the process of consideration, acceptance, and enrollment. There are a limited number of participants chosen for each grade level. Once those openings are filled, additional applicants will be offered a spot on a waiting list. Applications are due no later than October 31, 2017!

QUESTIONS:

If you have any questions or would like to further discuss the Indian Hills Community College Upward Bound program or the application process, please feel free to contact one of our Upward Bound Academic Advisors. Our advisors are available by phone and email Monday through Thursday from 7:15am – 4:45pm.

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Non-Discrimination Policy: *It is the policy of Indian Hills Community College not to discriminate on the basis of race, color, national origin, sex, disability, age (employment), sexual orientation, gender identity, creed, religion, and actual or potential parental, family, or marital status in its programs, activities, or employment practices as required by the Iowa Code §§216.6 and 216.9, Titles VI and VII of the Civil Rights Act of 1964 (42 U.S.C. §§ 2000d and 2000e), the Equal Pay Act of 1973 (29 U.S.C. § 206, et seq.), Title IX (Educational Amendments, 20 U.S.C §§ 1681 – 1688), Section 504 (Rehabilitation Act of 1973, 29 U.S.C. § 794), and Title II of the Americans with Disabilities Act (42 U.S.C. § 12101, et seq.).*

If you have questions or complaints related to compliance with this policy, please contact Kristen Parks, Director of Human Resources/Equity Coordinator, 525 Grandview Ave, Ottumwa, IA 52501, 683-5108; Chris Bowser, Executive Dean, Student Services (students), 683-5159; Darlas Shockley, Executive Dean, Arts & Sciences (students with disabilities), 683-5174; U.S. Department of Education, Citigroup Center, 500 W. Madison, Suite 1475, Chicago, IL 60661, phone number 312/730-1560, fax 312/730- 1576.